



**COUNTY OF SAN MATEO**  
Inter-Departmental Correspondence  
Health System



**Date:** January 14, 2015  
**Board Meeting Date:** February 24, 2015  
**Special Notice / Hearing:** None  
**Vote Required:** Majority

**To:** Honorable Board of Supervisors

**From:** Jean S. Fraser, Chief, Health System  
Susan Ehrlich, MD, MPP, Chief Executive Officer,  
San Mateo Medical Center

**Subject:** Acceptance of a grant from Kaiser Permanente Northern California  
Community Benefit Grants Program

**RECOMMENDATION:**

Adopt a resolution authorizing the acceptance of a grant from Kaiser Permanente Northern California Community Benefit Grants Program for the term of January 1, 2015 through January 1, 2017, in the amount of \$400,000.

**BACKGROUND:**

Cardiovascular disease remains the leading cause of morbidity and mortality among patients with diabetes. Kaiser Permanente began to address cardiovascular disease among its patients by implementing a three-drug regimen and promoting lifestyle changes for patients at risk for cardiovascular events. There is very strong evidence that the three drug regimen—aspirin, ACE-Inhibitors, and statins—substantially reduces cardiovascular events in diabetic patients. Remarkably, Kaiser Permanente has achieved a 60% reduction in cardiovascular event morbidity and mortality among Kaiser Permanente members in the program

Kaiser Permanente's Northern California Community Benefit Grants Program (Kaiser) awards grant funding to other organizations to implement this program, called Preventing Heart Attacks and Strokes Everyday (PHASE).

**DISCUSSION:**

In December 2014, Kaiser notified San Mateo Medical Center (SMMC) that it had been awarded a grant to implement the PHASE initiative. SMMC will use the funds to spread the PHASE program by enrolling qualifying patients, focusing on data collection and analytics, using health coaches to promote lifestyle changes, and improving the

identification of diabetic patients with cardiovascular disease. SMMC anticipates enrolling approximately 1270 qualifying patients into the program.

The Resolution has been reviewed and approved by County Counsel as to form.

Acceptance of this grant contributes to the Shared Vision 2025 outcome of a Healthy Community by providing funding to implement the PHASE treatment program at SMMC. It is anticipated that the SMMC will enroll approximately 1270 high risk primary care patients to reduce the risk of heart attack and stroke.

**PERFORMANCE MEASURE:**

| Measure  | FY 2014-15 Actual | FY 2015-16 Projected |
|--|-------------------|----------------------|
| Approximate enrollment of high risk primary care patients to reduce the risk of heart attack and stroke. | N/A*              | 1270                 |

\*New Measure

**FISCAL IMPACT:**

The term of the grant is January 1, 2015 through January 1, 2017, in the amount of \$400,000. Funds in the amount of \$199,417 are included in the SMMC 2014-15 Adopted Budget. Similar arrangements will be made for future budget years. Since this is a grant to the County, there is no Net County Cost associated with this agreement.

Expenses at SMMC are covered by fees for services or third-party payors whenever possible. The portion of expenses for services provided to the medically indigent or to those covered by programs that do not meet the full costs of care are covered by contributions such as this from LPCH and the county's General Fund contribution to SMMC.