



COUNTY OF SAN MATEO
Inter-Departmental Correspondence
Health System



Date: October 21, 2014
Board Meeting Date: December 9, 2014
Special Notice / Hearing: None
Vote Required: Majority

To: Honorable Board of Supervisors

From: Jean S. Fraser, Chief, Health System
Stephen Kaplan, Director, Behavioral Health and Recovery Services

Subject: Agreement with Family Service Agency of San Francisco

RECOMMENDATION:

Adopt a Resolution authorizing an agreement with Family Service Agency of San Francisco for outpatient mental health services for the term July 1, 2014 through June 30, 2015, in an amount not to exceed \$1,224,000.

BACKGROUND:

Family Service Agency of San Francisco (FSA) is the oldest, nonsectarian, nonprofit charitable social services provider in San Francisco. In collaboration with the University of California San Francisco, FSA has delivered prevention and recovery for early onset psychosis, serving youth and young adults from around the Bay Area, through its innovative Prevention and Recovery in Early Psychosis (PREP) Program. This program was the first early intervention and treatment program in Northern California and is now considered the most comprehensive program in the western United States.

In January 2014, FSA began delivering Bipolar Early Assessment and Management (BEAM) services. Modeled after PREP, BEAM provides treatment to adolescents and young adults with bipolar disease, teaching them to manage their condition and move towards remission and recovery.

Under the San Mateo County Mental Health Services Act Prevention and Early Intervention Plan (MHSA Plan), FSA is working to prevent early psychosis and early bipolar disorder. Behavioral Health and Recovery Services (BHRS) conducted research on relevant programs in the Bay Area and found FSA to provide a unique approach that aligns with the MHSA Plan. The research found BEAM and PREP to be the only local programs of their kind successfully using techniques elements deemed essential by BHRS: public education, outreach and engagement, a rigorous diagnostic process, Cognitive Behavioral Therapy for Early Psychosis, algorithm-guided medication

management, multifamily psycho-education groups, computer-based cognitive rehabilitation, education and employment support for clients, co-occurring treatment, and case management. Therefore, BHRS is requesting authority to waive the requirement for the Request for Proposals process and contract with FSA for the continued implementation of BEAM and PREP in San Mateo County.

DISCUSSION:

FSA will provide mental health services through their BEAM and PREP programs. BEAM provides an early intervention for the treatment of bipolar spectrum disorders, bringing a coordinated series of evidence-based interventions. PREP is a rigorous, evidence-based, monitored approach, targeting individuals who are at high risk of experiencing a psychotic episode and individuals having had such experiences within the past two years.

The Resolution contains the County’s standard provisions allowing amendment of the County’s fiscal obligations by a maximum of \$25,000 (in aggregate).

The agreement and Resolution have been reviewed and approved by County Counsel as to form. The agreement is on the Continuing Resolution.

The agreement contributes to the Shared Vision 2025 outcome of a Healthy Community by providing mental health services to children and families. BHRS provides a range of services to promote wellness and recovery and to support consumers remaining in the lowest possible level of care. It is anticipated that 20% of clients will experience a decrease in the number of days hospitalized after start of the program.

PERFORMANCE MEASURE(S):

Measure	FY 2013-14 Actual	FY 2014-15 Projected
Percentage of clients experiencing a decrease in the number of days hospitalized after start of the program	N/A *	20%

* This is a new performance measure, results will be available in FY 2014-15.

FISCAL IMPACT:

The term of the agreement is July 1, 2014 through June 30, 2015. The amount of the agreement is not to exceed \$1,224,000. Of that amount, it is anticipated \$726,601 will be funded by MHSa, \$396,733 by Measure A, \$63,074 by Federal Financial Participation for Medi-Cal, and \$13,592 by Healthy Kids and other insurance. The Net County Cost is \$24,000. The funds for these services are included in the BHRS FY 2014-15 Adopted Budget. The payment provisions in the agreement remain essentially the same as those of the prior agreement.