



**COUNTY OF SAN MATEO**  
Inter-Departmental Correspondence  
Health System



**Date:** March 7, 2013  
**Board Meeting Date:** April 9, 2013  
**Special Notice / Hearing:** None  
**Vote Required:** Majority

**To:** Honorable Board of Supervisors

**From:** Jean S. Fraser, Chief, Health System  
Brian Zamora, Director, Family Health Services

**Subject:** Donation to the San Mateo County Nurse-Family Partnership

**RECOMMENDATION:**

Adopt a Resolution accepting a donation of Boppy Feeding and Infant Support Pillows.

**BACKGROUND:**

Family Health Services (FHS) receives funding from the California Home Visiting Program to implement Nurse-Family Partnership (NFP). The NFP Program in San Mateo County serves pregnant and parenting teens from early pregnancy until their child turns 2 years old. The expected outcomes of the program are to improve: (1) pregnancy outcomes; (2) child health and development; and (3) economic self-sufficiency. The results benefit multiple generations. The cornerstone of NFP is the research on a model conducted over the last three decades. Follow-up research continues today to study the long-term outcomes for the mothers and children in the original trials. The research demonstrates that participation in the NFP resulted in improved prenatal health, fewer childhood injuries, fewer subsequent pregnancies, increased intervals between births, increased maternal employment, and improved school readiness for children born to mothers with low psychological resources. Independent research proves that for every public health dollar invested in a local NFP program, communities can realize more than five dollars in return.

San Mateo County's NFP is made up of 4 Public Health Nurses and the program serves up to 100 clients at a time. Public Health Nurse home visits include the target children, or children born into the NFP program. The Public Health Nurses meet with clients on a weekly to bi-monthly basis. Visits will focus on education in the areas of Personal Health, Environmental Health, Life Course, Maternal Role, Friends and Family, and Health and Human Services. Nurses support the client in their new maternal role by encouraging healthy mother/baby bonding and promoting breastfeeding should the client choose to breastfeed. The Boppy Feeding and Infant Support Pillow can help

support moms in Nurse-Family Partnership by promoting healthy feeding positions and encouraging mom/baby bonding.

**DISCUSSION:**

The San Mateo County Nurse-Family Partnership Program applied for and was awarded a donation of 100 Boppy Feeding and Infant Support Pillows from The Boppy Company through the NFP National Service Office with the understanding that these pillows will help support Nurse-Family Partnership mothers. San Mateo County NFP will distribute the pillows to clients enrolled in NFP county-wide.

The agreement and Resolution have been reviewed and approved by County Counsel as to form.

The NFP and this donation contribute to the Shared Vision 2025 outcome of a Healthy Community by enhancing the service delivery of intensive case management for vulnerable children and families to result in better health and social outcomes. It is anticipated that out of all children born into the NFP program, a minimum of 75% of target children will receive developmental assessments at least once every six months.

**PERFORMANCE MEASURE(S):**

<b>Measure</b>	<b>FY 2012-13 Actual</b>	<b>FY 2013-14 Projected</b>
Percent of target children who receive developmental assessments at least once every 6 months	NA	75%

**FISCAL IMPACT:**

The total cash value of the donation is approximately \$4,000. There is no Net County Cost.