

PROCLAMATION

THE BOARD OF SUPERVISORS
COUNTY OF SAN MATEO, STATE OF CALIFORNIA
PROCLAMATION DESIGNATING OCTOBER 3, 2012 AS

INTERNATIONAL WALK TO SCHOOL DAY

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WHEREAS, the percentage of kindergarten through eighth grade students walking or biking to school declined nationally from 48 percent in 1969 to only 13 percent in 2009; and

WHEREAS, walking or biking to school provides an opportunity for children and families to learn about pedestrian health related to physical activity, and environmental risks related to air pollution; and

WHEREAS, lack of physical activity contributes to increasing rates of obesity, diabetes, and other health problems among children; and

WHEREAS, walking and biking to school supports the federally mandated school wellness policy, which is found in every school district located within San Mateo County participating in the National School Lunch Program; and

WHEREAS, fewer than half of the children in San Mateo County currently meet the federally recommended physical activity guidelines and one third of children are overweight or obese; and

WHEREAS, San Mateo County ranks as the fifth most dangerous county in California for pedestrians; and

WHEREAS, International Walk to School Day is an opportunity to promote healthy behavior among children, while supporting the goals of Get Healthy San Mateo County; and

WHEREAS, San Mateo County is committed to making healthy choices easier and more accessible for all children; and

WHEREAS, thousands of children in San Mateo County participated in Walk to School Day in 2011.

NOW, THEREFORE, BE IT PROCLAIMED by the San Mateo County Board of Supervisors, that in order to encourage County residents to consider the safety and health of our children and communities, October 3, 2012 be declared, International Walk to School Day throughout San Mateo County.

Dated: October 3, 2012

SUPERVISORS:

ADRIENNE J. TISSIER, President

DAVE PINE

CAROLE GROOM

DON HORSLEY

ROSE JACOBS GIBSON

Attest: _____
Deputy Clerk of the Board of Supervisors