



**COUNTY OF SAN MATEO**  
Inter-Departmental Correspondence  
Health System



**Date:** July 25, 2012  
**Board Meeting Date:** August 28, 2012  
**Special Notice / Hearing:** None  
**Vote Required:** Majority

**To:** Honorable Board of Supervisors

**From:** Jean S. Fraser, Chief, Health System  
Susan Ehrlich, MD, MPP, Chief Executive Officer, San Mateo Medical Center

**Subject:** Amendment to the agreement with Stanford University

**RECOMMENDATION:**

Adopt a Resolution authorizing an amendment to the subaward from Stanford University to San Mateo Medical Center for the Case-Management and Environmental Support to Sustain Weight Loss and Reduce Congestive Heart Disease Risk Research Project, extending the term through April 30, 2013, increasing the funding by \$37,029 to \$369,310.

**BACKGROUND:**

In February 2009 the Office of Sponsored Research at Stanford University provided a subaward to San Mateo Medical Center (SMMC) in the amount of \$39,846. The subaward was to fund work to be performed by County staff at Fair Oaks Adult Clinic on the Case-Management and Environmental Support to Sustain Weight Loss and Reduce Congestive Heart Disease Risk Research Project (the Project).

On December 9, 2009, the agreement was amended by Stanford to extend the term to April 30, 2010, and increase the funding by \$53,418 to \$93,264. On September 14, 2010, the agreement was amended for a second time to extend the term to April 30, 2011, and increase the funding by \$123,672. On October 4, 2011, the agreement was amended for a third time to extend the term to April 30, 2012, and increase the funding by \$115,345, for a maximum award to the County of \$332,281.

**DISCUSSION:**

A fourth subaward amendment has been received from Stanford to extend the term of the Project through April 30, 2013, and increase the funding by \$37,029, for a new maximum award to the County of \$369,310. The amendment continues the Project, including payment of SMMC personnel to perform work on the Project and to

collaborate on the development, intervention, and dissemination of a community-based project.

This is a five year project which is renewed in July of each year by Stanford, thereby causing a delay in the submission of this amendment to the Board. Work required for this project has been undertaken by the Health System on direction of the five year plan of the Stanford subaward.

A request to extend the agreement beyond three years was approved by the Contract Compliance Committee on July 20, 2012.

The amendment and Resolution have been reviewed and approved by County Counsel as to form.

This amendment contributes to the Shared Vision 2025 outcome of a Healthy Community by providing services to reduce obesity and improve the general health among diabetic adult residents in the Redwood City area. It is anticipated that 90% of patients surveyed will report an improved quality of life and 75% will experience a significant reduction in weight. The ultimate performance measures will not be known until the conclusion of the research study.

**PERFORMANCE MEASURE(S):**

Measure	FY 2011-12 Actual	FY 2012-13 Projected
Percentage of patients surveyed who report an improved quality of life	90%	90%
Percentage of patients experiencing a significant weight reduction	75%	75%

**FISCAL IMPACT:**

The term of this agreement is February 1, 2009 through April 30, 2013. The total amount of funding received by SMMC is \$369,310.

Expenses at SMMC are covered by fees for services or third-party payors whenever possible. The portion of expenses for services provided to the medically indigent or to those covered by programs that do not meet the full costs of care are covered by the County's General Fund contribution to SMMC, and are within the existing annual appropriation.