

PROCLAMATION

THE BOARD OF SUPERVISORS COUNTY OF SAN MATEO, STATE OF CALIFORNIA
PROCLAMATION DESIGNATING THE WEEK OF FEBRUARY 27 – MARCH 5, 2023 AS

Eating Disorders Awareness Week

WHEREAS, eating disorders affect 1 in 10 (roughly 30,000,000) individuals in the United States at some point during their lifetimes and affect persons of every race, ethnicity, gender, sexuality and socioeconomic category and are increasing among people in younger age groups, including children as young as 7 years of age and roughly 95 percent of people between 12 and 25; and

WHEREAS, one person dies as a direct result of their eating disorder every 52 minutes, whether through medical complications or by suicide according to an Academy for Eating Disorders and Deloitte Access Economics report; and

WHEREAS, eating disorders include anorexia nervosa, bulimia nervosa, binge eating disorder, avoidant/restrictive food intake disorder, orthorexia, compulsive eating, and other feeding or eating disordered behaviors and are caused by a complex interaction of genetic, biological, social, behavioral, and psychological factors; and

WHEREAS, individuals with eating disorders have some of the highest mortality rates of all mental health challenges and is a leading cause of preventable death from mental health challenges in America; and

WHEREAS, while eating disorders are treatable when diagnosed early, they are often misunderstood and stigmatized, with limited or no formal training provided to many health professionals, and pose a public health challenge that must be fully addressed; and

WHEREAS, bullying, particularly cyberbullying among adolescents, has been linked to the development of eating disorders, with victims of bullying more likely to develop an eating disorder than their non-bullied peers; and

WHEREAS, health insurance policies often do not cover eating disorders, leaving many people with eating disorders with limited access to care and treatment, and more evidence-based and preventative efforts are needed to save the lives of youth and adults with eating disorders;

NOW, THEREFORE, BE IT PROCLAIMED that the Board of Supervisors of the County of San Mateo, State of California, hereby designates the week of February 27th – March 5th, 2023 as Eating Disorders Week; recognizes the need for prevention, treatment and communities of support of those with lived experience to recover; and calls on San Mateo County Behavioral Health & Recovery Services to evaluate existing resources and opportunities in the county to better serve San Mateo County residents.

Dated: February 28, 2023

SUPERVISORS:

DAVE PINE, PRESIDENT

NOELIA CORZO

RAY MUELLER

WARREN SLOCUM

DAVID J. CANEPA

Attest: _____
Deputy Clerk of the Board of Supervisors