

# PROCLAMATION

THE BOARD OF SUPERVISORS  
COUNTY OF SAN MATEO, STATE OF CALIFORNIA  
PROCLAMATION DESIGNATING

*February 2023 as American Heart Month*

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**WHEREAS**, according to the American Heart Association, heart disease is a leading cause of death in the United States for both men and women; and according to the Centers for Disease Control and Prevention, one person dies every 34 seconds from heart disease, accounting for one in every five deaths; and

**WHEREAS**, heart disease is preventable by targeting risk factors such as smoking, high cholesterol levels, and maintaining normal blood pressure; and

**WHEREAS**, February is American Heart Month, a federally designated event, reminding our residents and communities to focus on their hearts and adopt healthy habits; and

**WHEREAS**, keeping our communities healthy and promoting awareness of health issues including heart disease, is an important responsibility and depends on the actions of many organizations and groups in our community; and

**WHEREAS**, we recognize the extraordinary progress in heart health and recognize that more needs to be done in San Mateo County to safeguard heart health for generations to come; and

**WHEREAS**, heart health remains a priority for families, communities, and government, and our commitment to keeping our citizens healthy is stronger than ever;

**NOW, THEREFORE, BE IT PROCLAIMED** that the Board of Supervisors of the County of San Mateo, State of California, hereby designates February 2023 as American Heart Month and urges everyone to show their support for the fight against heart disease.

**Dated:**

SUPERVISORS:

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*DAVE PINE, PRESIDENT*

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*NOELIA CORZO*

\_\_\_\_\_  
*RAY MUELLER*

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*WARREN SLOCUM*

\_\_\_\_\_  
*DAVID J. CANEPA*

Attest: \_\_\_\_\_  
Deputy Clerk of the Board of Supervisors