

PROCLAMATION

THE BOARD OF SUPERVISORS
COUNTY OF SAN MATEO, STATE OF CALIFORNIA
PROCLAMATION DESIGNATING

February 2023 as American Heart Month

WHEREAS, according to the American Heart Association, heart disease is a leading cause of death in the United States for both men and women; and according to the Centers for Disease Control and Prevention, one person dies every 34 seconds from heart disease, accounting for one in every five deaths; and

WHEREAS, heart disease is preventable by targeting risk factors such as smoking, high cholesterol levels, and maintaining normal blood pressure; and

WHEREAS, February is American Heart Month, a federally designated event, reminding our residents and communities to focus on their hearts and adopt healthy habits; and

WHEREAS, keeping our communities healthy and promoting awareness of health issues including heart disease, is an important responsibility and depends on the actions of many organizations and groups in our community; and

WHEREAS, we recognize the extraordinary progress in heart health and recognize that more needs to be done in San Mateo County to safeguard heart health for generations to come; and

WHEREAS, heart health remains a priority for families, communities, and government, and our commitment to keeping our citizens healthy is stronger than ever;

NOW, THEREFORE, BE IT PROCLAIMED that the Board of Supervisors of the County of San Mateo, State of California, hereby designates February 2023 as American Heart Month and urges everyone to show their support for the fight against heart disease.

Dated:

SUPERVISORS:

DAVE PINE, PRESIDENT

NOELIA CORZO

RAY MUELLER

WARREN SLOCUM

DAVID J. CANEPA

Attest:

Deputy Clerk of the Board of Supervisors