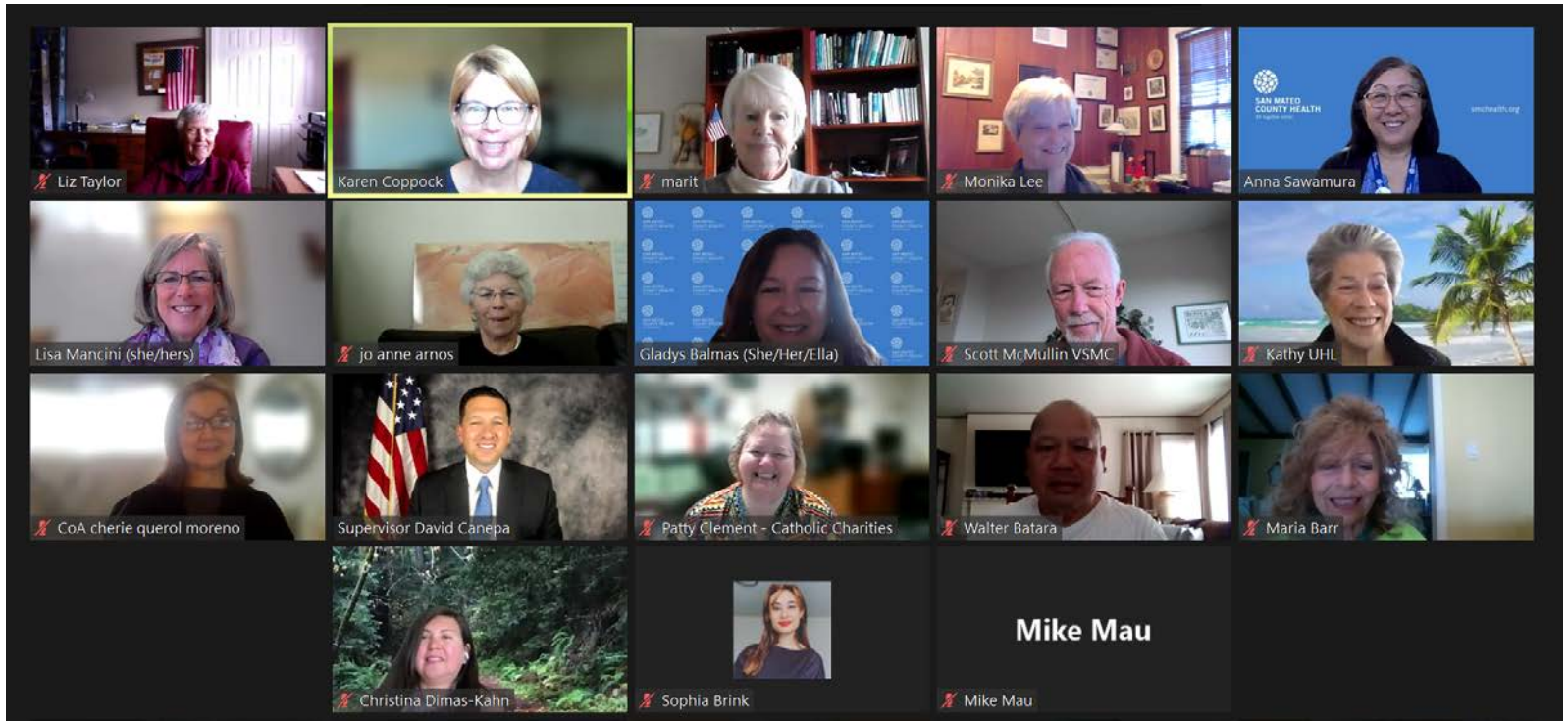
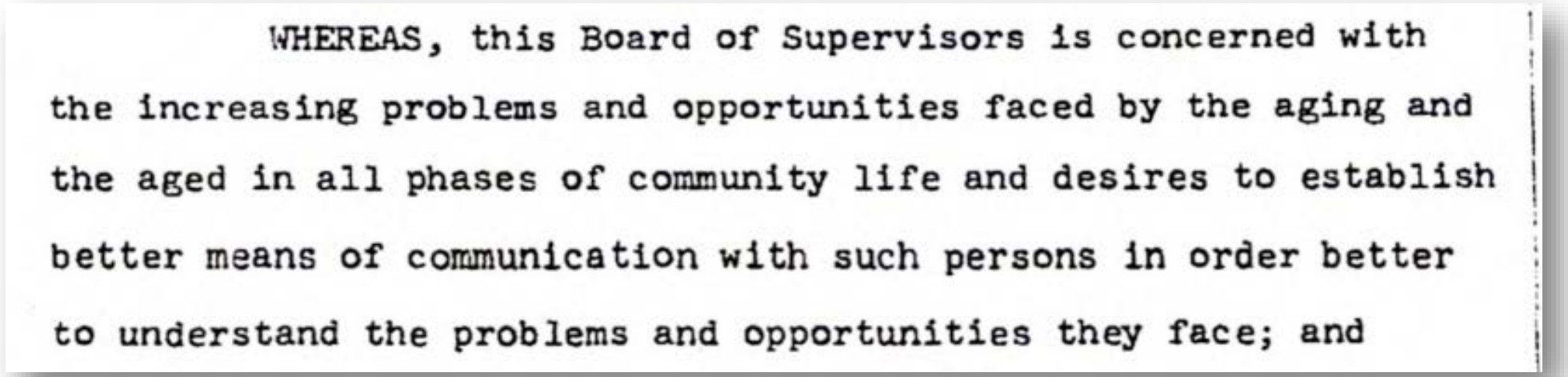
Commission on Aging
San Mateo County

Commission on Aging: Annual Report
May 2022



MAINTAIN – ENHANCE – IMPROVE THE QUALITY OF LIFE FOR OLDER ADULTS IN SAN MATEO COUNTY

Charter and Committees



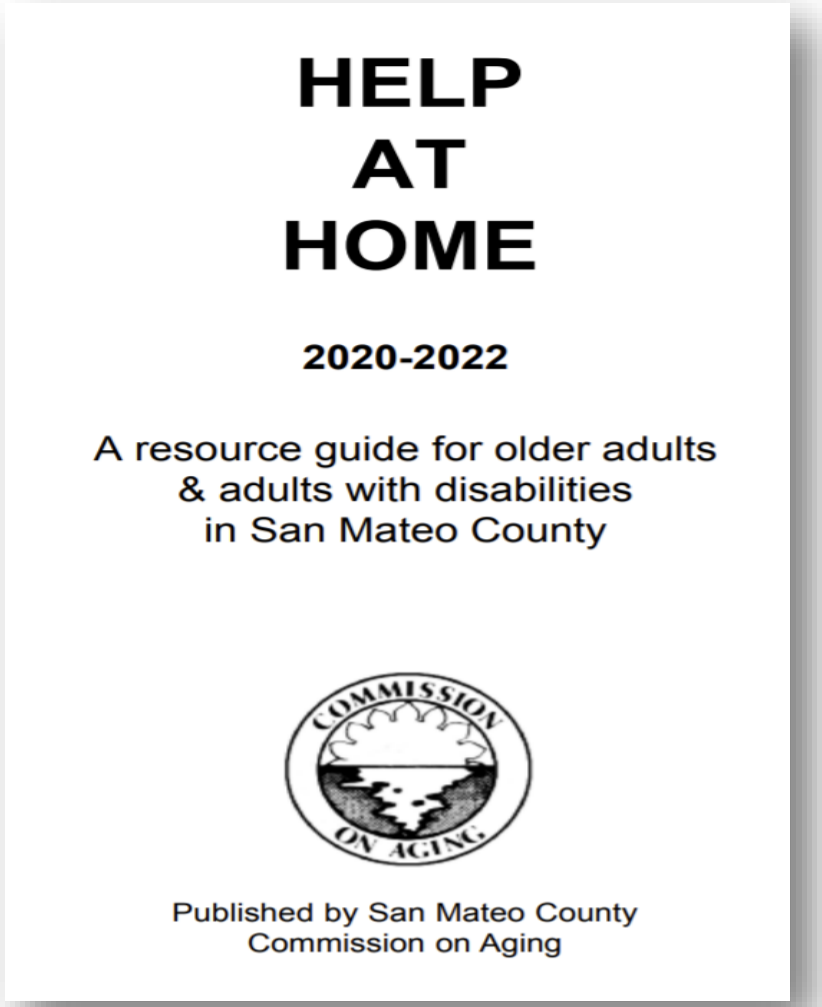
WHEREAS, this Board of Supervisors is concerned with the increasing problems and opportunities faced by the aging and the aged in all phases of community life and desires to establish better means of communication with such persons in order better to understand the problems and opportunities they face; and

Committees

- Resources, Access & Inclusion Committee
- Transportation
- Middle Income Senior Opportunities

Increasing awareness of critical resources

Community Need: How to access services / benefits?







Better preparing older adults for emergencies

Commission on Aging
San Mateo County

Community need: How to better prepare [older adults] for emergencies?



3,000

older adults reached



No one – especially our elders - should go to bed hungry

Community Need: How to feed older adults after the Great Plates Delivered (GPD) Program ends?



$3M

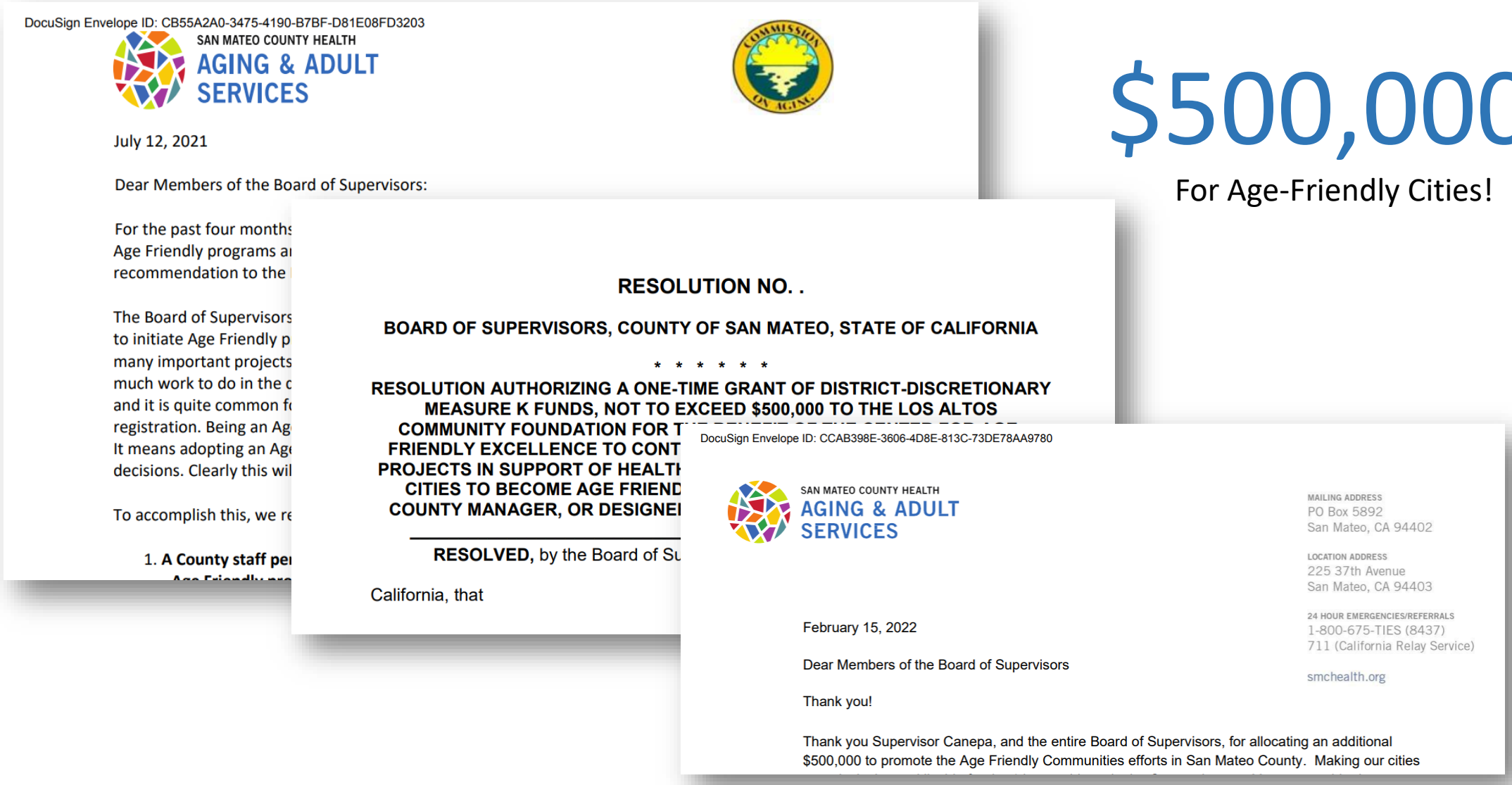
to support an addition

2 years of home delivered meals for 1,000 individuals

Commission on Aging
San Mateo County

Continuing the momentum on Age-Friendly Cities

Advocacy Goal: secure continued support for Age-Friendly Cities work



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SAN MATEO COUNTY HEALTH
AGING & ADULT SERVICES

July 12, 2021

Dear Members of the Board of Supervisors:

For the past four months
Age Friendly programs a
recommendation to the

The Board of Supervisors
to initiate Age Friendly p
many important projects
much work to do in the c
and it is quite common f
registration. Being an Ag
It means adopting an Ag
decisions. Clearly this wil

To accomplish this, we re

1. **A County staff per**

RESOLUTION NO. .

BOARD OF SUPERVISORS, COUNTY OF SAN MATEO, STATE OF CALIFORNIA

* * * * * *

RESOLUTION AUTHORIZING A ONE-TIME GRANT OF DISTRICT-DISCRETIONARY MEASURE K FUNDS, NOT TO EXCEED $500,000 TO THE LOS ALTOS COMMUNITY FOUNDATION FOR T
FRIENDLY EXCELLENCE TO CONT
PROJECTS IN SUPPORT OF HEALTH
CITIES TO BECOME AGE FRIEND
COUNTY MANAGER, OR DESIGNEE

RESOLVED, by the Board of Su

California, that

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SAN MATEO COUNTY HEALTH
AGING & ADULT SERVICES

MAILING ADDRESS
PO Box 5892
San Mateo, CA 94402

LOCATION ADDRESS
225 37th Avenue
San Mateo, CA 94403

24 HOUR EMERGENCIES/REFERRALS
1-800-675-TIES (8437)
711 (California Relay Service)

smchealth.org

February 15, 2022

Dear Members of the Board of Supervisors

Thank you!

Thank you Supervisor Canepa, and the entire Board of Supervisors, for allocating an additional $500,000 to promote the Age Friendly Communities efforts in San Mateo County. Making our cities

$500,000

For Age-Friendly Cities!

Our Older Adult population – in particular – has suffered from Covid

17% or 1 in ~6 San Mateo County residents are 65+

Covid has not been kind to this population:

- Greatest number of deaths
- Missed opportunities with finite time



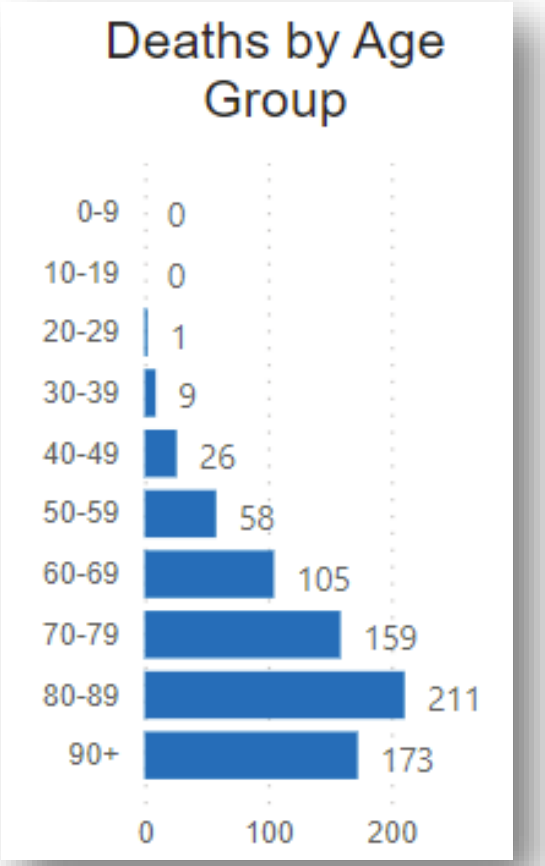
Worship



Cuddling grandkids



Volunteering



Source: San Mateo County Covid-19 Data Dashboard
https://www.smchealth.org/data-dashboard/county-data-dashboard

Our Older Adult population is growing and is increasingly diverse and older

Commission on Aging
San Mateo County

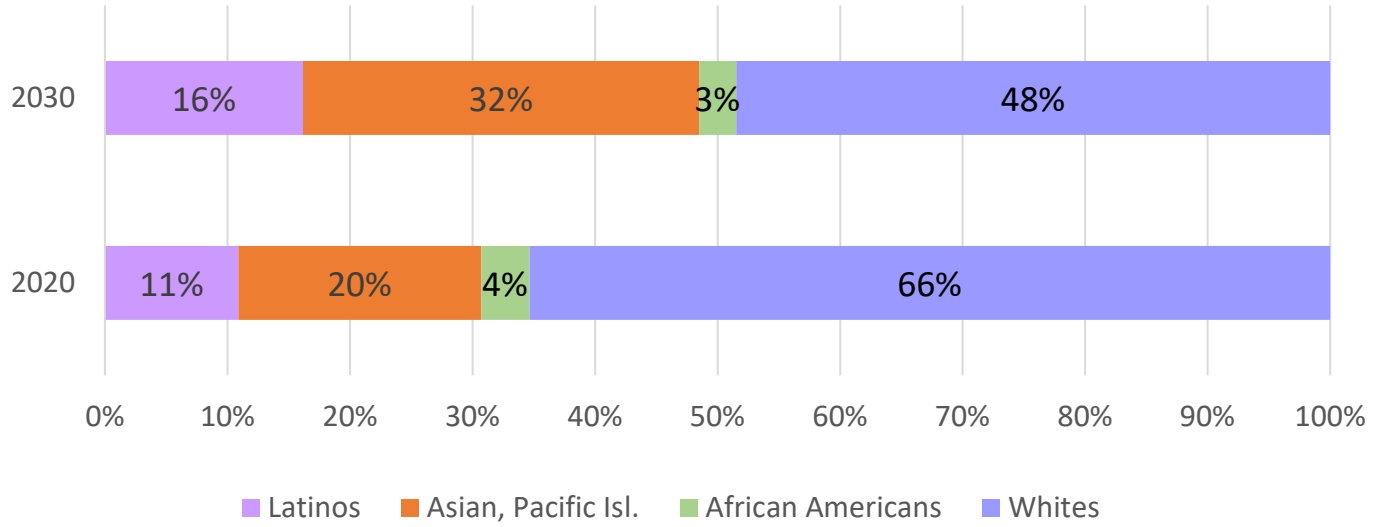
Profile of older adults in San Mateo County in 2030:

- 1 in 2 will be either Latino or Asian/Pacific Islander
- 1 in 2 will be 75 years old or older

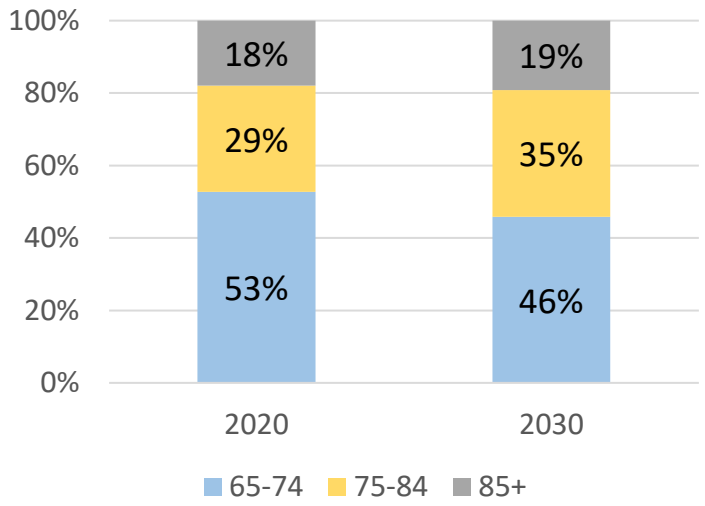
1 in 5

San Mateo County Residents will be 65 years or older by 2030

Racial/Ethnic Make-up of Older Adults in San Mateo County
(Adults over age 65)



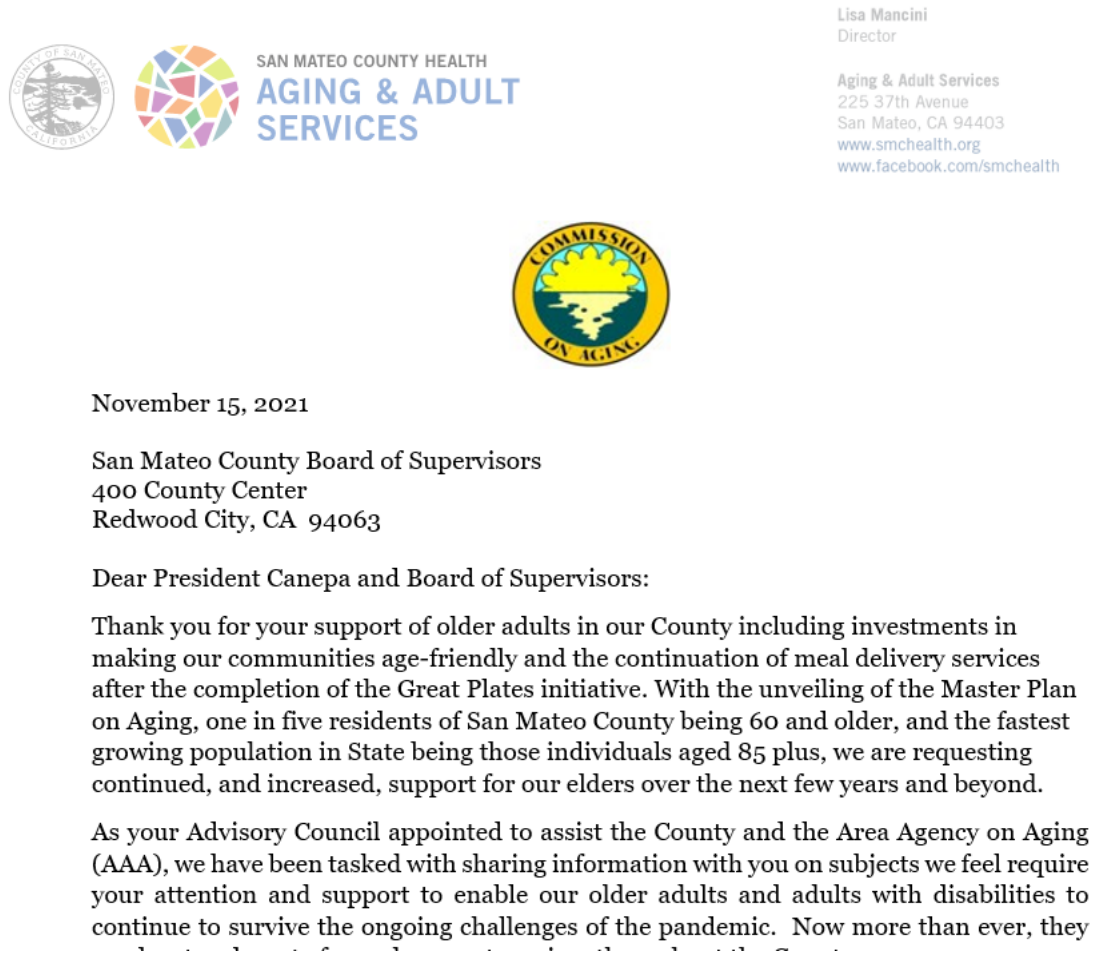
Age Distribution: Older Adults in San Mateo County



Commission on Aging
San Mateo County

2021 Advocacy Goals & Accomplishments

Advocacy Goal: broad-based support of Older Adults, the fastest growing and most impacted segment by Covid 19.



SAN MATEO COUNTY HEALTH
AGING & ADULT SERVICES

Lisa Mancini
Director

Aging & Adult Services
225 37th Avenue
San Mateo, CA 94403
www.smchealth.org
www.facebook.com/smchealth

November 15, 2021

San Mateo County Board of Supervisors
400 County Center
Redwood City, CA 94063

Dear President Canepa and Board of Supervisors:

Thank you for your support of older adults in our County including investments in making our communities age-friendly and the continuation of meal delivery services after the completion of the Great Plates initiative. With the unveiling of the Master Plan on Aging, one in five residents of San Mateo County being 60 and older, and the fastest growing population in State being those individuals aged 85 plus, we are requesting continued, and increased, support for our elders over the next few years and beyond.

As your Advisory Council appointed to assist the County and the Area Agency on Aging (AAA), we have been tasked with sharing information with you on subjects we feel require your attention and support to enable our older adults and adults with disabilities to continue to survive the ongoing challenges of the pandemic. Now more than ever, they

$2.5M

- Case management – connection to critical resources
- Bridge the digital divide
- Employment opportunities
- Reduce isolation/loneliness
- Caregiver support (Alzheimer's)
- Expanded homecare eligibility
- Guaranteed income pilot test

Thank you for your support of the older adults in our community!