

From: [Javafiend X](#)
To: [CMO BoardFeedback](#)
Subject: Speaking of healthcare
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My name is Elaine Goodwin I have worked for San Mateo County for over 30 years and I have MS.

You might be wondering what this has to do with contract negotiations or a Board of Supervisors meeting.

I was surprised to hear that the county wants to change our healthcare retirement plan. And they are so strongly attached to that change that they really aren't willing to talk about much else in our contract. The few crumbs they are offering will only take place if we agree to a one year extension.

Having MS has changed my life. Not only my personal life but my work life as well. Add to that a pandemic. Getting to work and being with the public has become an actual life and death choice.

Because of the pandemic my healthcare was put on pause and I got to see what it would be like to not have access to the healthcare that I will need for the rest of my life. Because of the delay in access to medication permanent damage had been done.

I have been planning for my retirement. And healthcare became way more important after my diagnosis.

To try to change everything after all this time has left me stunned.

People that wanted other options have had that choice. But to make a broad sweeping change that doesn't help the workers that have been here for years is a slap in the face. We should have options. I want to keep the healthcare I have now.

I hope the county will reconsider that path they have chosen.

Thank you for your time.

Sent from my iPhone