

Asian American, Native Hawaiian, Pacific Islander (AANHPI) Heritage Month

May 20, 2025



SAN MATEO COUNTY HEALTH
**BEHAVIORAL HEALTH
& RECOVERY SERVICES**



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Who We Are & Health Disparities:

- SMC population:
 - 33% identify as Asian American
 - 1.4% identify as Native Hawaiian and other Pacific Islander
- Health Disparities in the AA, NH, & PI communities:
 - Limited behavioral health knowledge
 - Depression, suicidal thoughts, and/or suicide
 - Hopelessness

Chinese Health Initiative (CHI)

CHI was created to join people together in working to improve the health and wellbeing of our Chinese community



CHI's Main Accomplishments:

- Music Therapy for Asian/Asian Americans
- Culturally Responsive Education and Resources
- Elevating Community Voices



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Filipino Mental Health Initiative (FMHI)



FMHI strives to improve the wellbeing of Filipinos in San Mateo County

- Filipina/x/o youth in SMC are at risk for depression and suicidal ideation
- Utilize a decolonized lens and indigenous values *kapwa* and *ginhawa* in supporting community wellness needs

Pacific Islander Initiative (PII)



PII was created to address health disparities within the community and to connect families to resources or services

Goals

- Empower our PI community to access services
- Aid the development of PI's entering BHRS Workforce

Health Equity Initiative Speakers:

**Regina Tuitele
&
Marcus To**



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Join the HEIs

- CHI: 1st Friday of the month, 1:30-3:00 pm
- FMHI: 3rd Thursday of the month, 5:00-6:30 pm
- PII: 1st Tuesday of the month, 6:00-7:30 pm



*For more information: Tia Bell, Health Equity Coordinator at tbell1@smcgov.org *



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