# Asian American, Native Hawaiian, Pacific Islander (AANHPI) Heritage Month May 20, 2025











### Who We Are & Health Disparities:

- SMC population:
  - 33% identify as Asian American
  - 1.4% identify as Native Hawaiian and other Pacific Islander
- Health Disparities in the AA, NH, & PI communities:
  - Limited behavioral health knowledge
  - Depression, suicidal thoughts, and/or suicide
  - Hopelessness

## Chinese Health Initiative (CHI)

CHI was created to join people together in working to improve the health and wellbeing of our Chinese community



#### CHI's Main Accomplishments:

- Music Therapy for Asian/Asian Americans
- Culturally Responsive Education and Resources
- Elevating Community Voices





## Filipino Mental Health Initiative (FMHI)



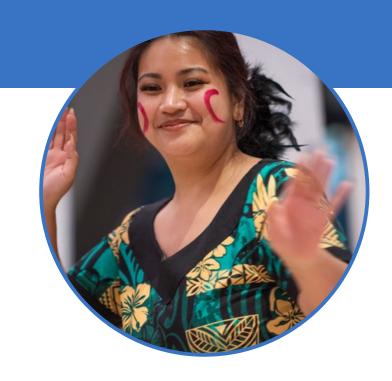




#### FMHI strives to improve the webeing of Filipinos in San Mateo County

- Filipina/x/o youth in SMC are at risk for depression and suicidal ideation
- Utilize a decolonized lens and indigenous valueaptwa and ginhawa
   in supporting community wellness needs

### Pacific Islander Initiative (PII)







PII was created to address health disparities within the community and to connect families to resources or services

#### Goals

- Empower our PI community to access services
- Aid the development of PI's entering BHRS Workforce

## Health Equity Initiative Speakers:

Regina Tuitele & Marcus To



# Join the HEIs

∘ CHI: 1st Friday of the month, 1:33000 pm

∘ FMHI: 3rd Thursday of the month, 5:0030 pm

∘ PII: 1st Tuesday of the month, 6:0030 pm



\*For more information: Tia Bell, Health Equity Coordinator at tbell1@smcgov.org \*



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