



Behavioral Health Services Act (BHSA) Three-Year Integrated Plan, FY 2026-2029

Board of Supervisors – June 9, 2026

Jeï Africa, Director



SAN MATEO COUNTY HEALTH

**BEHAVIORAL HEALTH
& RECOVERY SERVICES**

Recommended Action

- Authorize the approval and submission of the San Mateo County Behavioral Health Services Act (BHSA) Three-Year Integrated Plan for FY 2026-27 through FY 2028-29 to the California Department of Health Care Services
- Authorize the Chief of San Mateo County Health or designee(s) to make non-substantive revisions to the Integrated Plan without additional approval from the Board of Supervisors



SAN MATEO COUNTY HEALTH
**BEHAVIORAL HEALTH
& RECOVERY SERVICES**

Presentation Outline

- Background
- Overview of San Mateo County's FY 2026-2029 BHSA Three-Year Integrated Plan
- Horizon Recovery Center in the Plan
- Importance of Local Approval
- Recommended Action



SAN MATEO COUNTY HEALTH
**BEHAVIORAL HEALTH
& RECOVERY SERVICES**

Background – Proposition 1 (BHSA)

- Passed by voters in March 2024, Proposition 1 updated the Mental Health Services Act (MHSA) to the Behavioral Health Services Act (BHSA) to redirect existing funds to:
 - Focus resources at the most severely ill, individuals experiencing homelessness, and vulnerable youth populations;
 - Expand funding access to include treatment for substance use disorders in addition to severe mental illness; and
 - Aim a larger portion of funding to housing and interventions for chronically unhoused individuals.
- This transition introduces a major shift from segmented, mental health only planning to comprehensive, integrated behavioral health strategies.

Background - BHSA Three-Year Integrated Plan

- The BHSA Three-Year Integrated Plan requirement is much broader than previous MHSA requirement, which focused exclusively on expenditures of the millionaire's tax.
- The BHSA Three-Year Integrated Plan (the Plan):
 - Serves as a global, strategic spending plan for Behavioral Health.
 - Outlines how the county will allocate all available resources, including BHSA, Medi-Cal, federal grants, Realignment and local investments.
- The Plan must go through a community planning process involving our local Behavioral Health Commission, 30-day public comment and public hearing. This happened Feb-March this year.
- Each county must submit its FY 2026–2029 Integrated Three-Year Plan, approved by the Board of Supervisors, to the State by June 30, 2026.

Overview - What's in the Plan?

San Mateo County's FY 2026–2029 BHSA Three-Year Integrated Plan complies with State requirement and includes:

1. All Populations Served by BHRS
2. Behavioral Health Infrastructure and All Funding Allocations
3. Plan to Address Statewide Priority Goals
4. BHSA-Funded Programs by Component
5. Integrated Budget Plan



SAN MATEO COUNTY HEALTH
**BEHAVIORAL HEALTH
& RECOVERY SERVICES**

**BEHAVIORAL HEALTH
SERVICES ACT (BHSA)
THREE-YEAR INTEGRATED PLAN**

October 30, 2025 – Template

**Plan amended April 27, 2026 following 30-Day Public
Comment Period and DHCS feedback*

Overview - Integrated Plan Summary

San Mateo County's FY 2026-2029 BHSA Three-Year Integrated Plan governs:

- Over \$200M annual overall behavioral health expenditures.
- Services for more than 17,800 adults and older adults and more than 7,700 children, youth and transition age youth living with most severe behavioral health challenges.
- Over \$22M in investments in housing interventions and over \$17M in early interventions targeting primarily youth ages 0-25 and their families.
- Rental assistance for over 400 individuals in the first year through full-service partnerships, Canyon Vista, and project-based housing in partnership with the Department of Housing.



SAN MATEO COUNTY HEALTH
**BEHAVIORAL HEALTH
& RECOVERY SERVICES**

Overview - What strategies are included?

- The Plan includes, but is not limited to, investments in:
 - Housing interventions (rental subsidies, capital funds, housing supports) for persons with serious behavioral health issues.
 - Crisis response services (mobile crisis, crisis stabilization, alternatives to emergency departments/jail).
 - Strategies to reduce overdoses, increase access to care, social connection and other client recovery support services.
 - Workforce development initiatives to improve quality of care.



SAN MATEO COUNTY HEALTH
**BEHAVIORAL HEALTH
& RECOVERY SERVICES**

Horizon Recovery Center

- The BHSA Three-Year Integrated Plan requires reporting on Behavioral Health Continuum Infrastructure Program (BHCIP) projects.
- The successful BHCIP proposal by Horizon Treatment Services to establish the Horizon Recovery Center substance use disorder treatment facility is identified in the plan without an associated physical address for the project.
- Given current explorations for a different location for the Horizon Recovery Center, the language in the plan provides flexibility to choose any approved alternate site.

Why is local approval important?

Failure to submit a final Board of Supervisors-approved plan to the State by June 30, 2026 could result in:

- The County being considered out of compliance and subject to corrective action.
- Withholding of BHSA state funds to the County, future state claw backs for unauthorized expenditures, and Welfare and Institutions code violations.

Any substantive revisions will require submission to the State of an updated Three-Year Integrated Plan.



SAN MATEO COUNTY HEALTH
**BEHAVIORAL HEALTH
& RECOVERY SERVICES**

Recommended Action

- Authorize the approval and submission of the San Mateo County Behavioral Health Services Act (BHSA) Three-Year Integrated Plan for FY 2026-27 through FY 2028-29 to the California Department of Health Care Services
- Authorize the Chief of San Mateo County Health or designee(s) to make non-substantive revisions to the Integrated Plan without additional approval from the Board of Supervisors



SAN MATEO COUNTY HEALTH
**BEHAVIORAL HEALTH
& RECOVERY SERVICES**