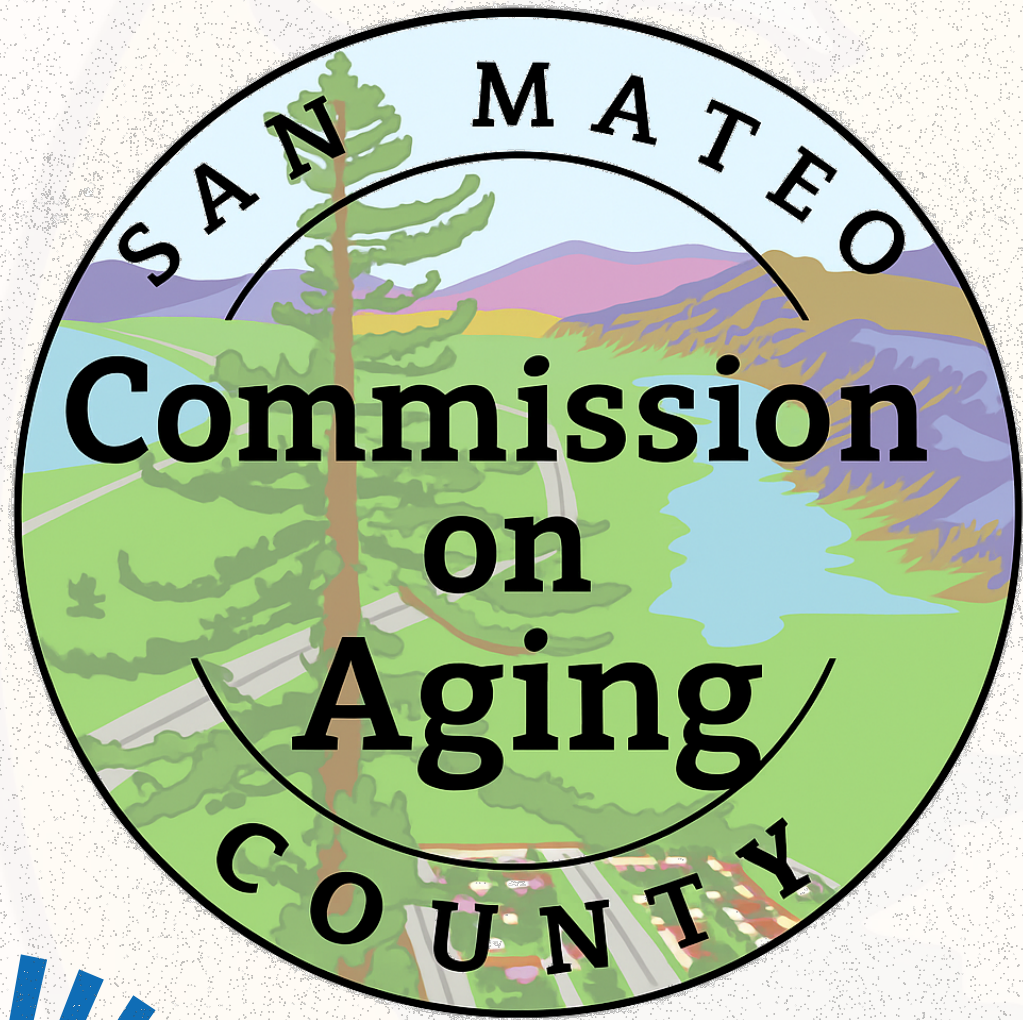


# **2026 CoA Annual Report to the Board of Supervisors**

**May 19, 2026**



## TO MAINTAIN, ENHANCE AND IMPROVE THE QUALITY OF LIFE FOR OLDER ADULTS IN SAN MATEO COUNTY

- ESTABLISHED IN 1969
- 17 COMMISSIONERS
- 10 MONTHLY MEETINGS
- 3 STANDING COMMITTEES
- 2 MAIN ROLES



SAN MATEO COUNTY HEALTH  
**AGING & DISABILITY  
SERVICES**

# Advise and Advocate

## Older Americans Act:

CoA must “advise continuously ... on all matters relating to the development of the area plan, the administration of the plan and operations conducted under the plan.”

42 USC § 3026(a)(6)(D)

## Older Californians Act:

CoA is the “principal advocate body on behalf of older individuals within a planning and service area”

Cal. Welf. and Inst. Code § 9402



SAN MATEO COUNTY HEALTH  
AGING & DISABILITY  
SERVICES



# Information is Key

## Commissioners need to know

- Resources
- Needs of older adults

## Commissioners learn through

- Continuing relationships
- Contacts with older adults
- Ongoing education

## Committees do the work by

- Gathering pertinent information
- Identifying relevant projects
- Implementing plans



SAN MATEO COUNTY HEALTH  
AGING & DISABILITY  
SERVICES



# 2025–26 Standing Committees

Promote Successful Aging in Place

Information, Resources  
and Community  
Engagement  
Committee

Social Isolation &  
Transportation  
Committee

Aging Readiness &  
Family Caregiver  
Support Committee



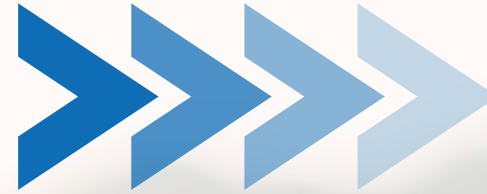
# 2025-26 ACCOMPLISHMENTS

- CoA Presence at public events (Senior Health and Wellness Events)
- Information/educational presentations
- Relationship with SamTrans
- Advocacy for improved transportation options
- Relationships with local organizations supporting older adults (Community Partners)
- Work with Youth Commission on Intergenerational Connections
- Advocacy for Senior Legislature Priorities
- Updated Help@Home Guide



SAN MATEO COUNTY HEALTH  
AGING & DISABILITY  
SERVICES

# GOING FORWARD



- Distribution of Updated Help at Home Guide
- Searchable version of the Guide
- Participate in Community Enrichment advisory committee
- Age-friendly overview
- Identify advocacy goals (local, state, federal)
- Continue to liaise with Supervisor Canepa's office





**THANK YOU!**



SAN MATEO COUNTY HEALTH  
**AGING & DISABILITY SERVICES**