

# United in Service for our Communities

## San Mateo County Health Equity Initiatives (HEI)

### CHINESE HEALTH INITIATIVE



Alyson Suzuki  
& Jessie Ren

### FILIPINO MENTAL HEALTH INITIATIVE



Christi Morales-  
Kumasawa  
& Stephanie Balon

### PACIFIC ISLANDER INITIATIVE



Rochelle Tuitele  
& Tia Bell

## Asian American Native Hawaiian Pacific Islander (AANHPI) Heritage Month

Honoring our Communities Resilience



SAN MATEO COUNTY HEALTH  
BEHAVIORAL HEALTH  
& RECOVERY SERVICES

# Toward Collective Healing & Behavioral Health Access

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- We represent at least 34.2% of San Mateo County (SMC)
- In 2022, 21.8% of SMC Asian and Pacific Islanders died by suicide compared to 10% in California
- We continue to heal from institutional racism
- We are coming together to build connections and address loneliness in culturally informed ways

# Some of What We Do:

- Support access to behavioral health services, supports, and resources
- Offer free and accessible culturally-adapted trainings to providers
- Provide culturally-informed wellness programs
- Building the Kapwa Kultural Center/Cafe to promote social enterprise and cultural connection
- Parent Project class tailored to Pacific Islander communities
- Inform and offer resources translated into our languages
- Engage our voice and experiences in Community Assessments and recommendations
- Contribute to youth behavioral health and adult wellness with seminars like, “What I Wish My Parents Know,” and workshops on domestic violence in the Chinese community
- Support PIONEERS (Pacific Islanders Organizing Nurturing and Empowering Everyone to Rise and Serve) Program



# A CALL TO ACTION BEYOND AANHPI MONTH



## Join our SMC HEI's (zoom)

CHI / 1st Friday of the month, 1:30-3 pm  
FMHI / 3rd Thursday of the month, 5-6:30 pm  
PII / 1st Tuesday of the month, 6-7:30 pm



**Be intentional in providing  
cultural and linguistic services**



**Build meaningful partnerships  
that inform policies to address  
the needs of AANHPI's in SMC**