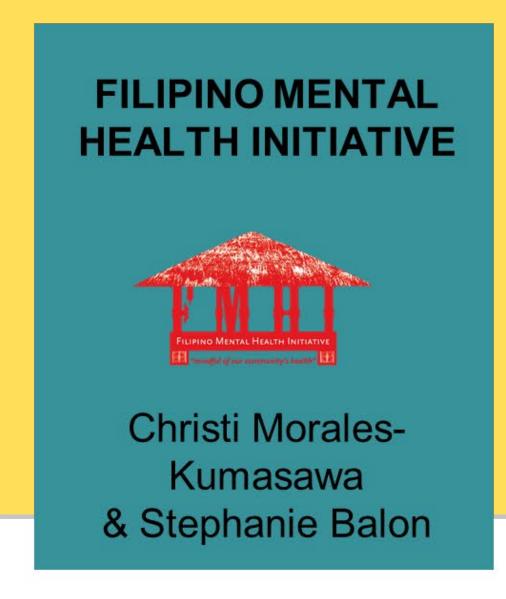
United in Service for our Communities San Mateo County Health Equity Initiatives (HEI)











Asian American Native Hawaiian Pacific Islander (AANHPI) Heritage Month

Honoring our Communities Resilience

Toward Collective Healing & Behavioral Health Access



- •We represent at least 34.2% of San Mateo County (SMC)
 •In 2022, 21.8% of SMC Asian and Pacific Islanders died by suicide compared to 10% in California
 - •We continue to heal from institutional racism
- •We are coming together to build connections and address loneliness in culturally informed ways

Some of What We Do:

- Support access to behavioral health services, supports, and resources
- · Offer free and accessible culturally-adapted trainings to providers
- Provide culturally-informed wellness programs
- Building the Kapwa Kultural Center/Cafe to promote social enterprise and cultural connection
- Parent Project class tailored to Pacific Islander communities
- Inform and offer resources translated into our languages
- Engage our voice and experiences in Community Assessments and recommendations
- Contribute to youth behavioral health and adult wellness with seminars like, "What I Wish My Parents Know," and workshops on domestic violence in the Chinese community
- Support PIONEERS (Pacific Islanders Organizing Nurturing and Empowering Everyone to Rise and Serve) Program



A CALL TO ACTION BEYOND AANHPI MONTH



Join our SMC HEI's (zoom)

CHI / 1st Friday of the month, 1:30-3 pm FMHI / 3rd Thursday of the month, 5-6:30 pm PII / 1st Tuesday of the month, 6-7:30 pm





Be intentional in providing cultural and linguistic services



Build meaningful partnerships that inform policies to address the needs of AANHPI's in SMC