



THE BOARD OF SUPERVISORS  
COUNTY OF SAN MATEO, STATE OF CALIFORNIA  
PROCLAMATION DESIGNATING SEPTEMBER 2025, AS

*Suicide Prevention Month*

**WHEREAS**, San Mateo County will join the country and state in honoring Suicide Prevention Month (September), National Suicide Prevention Week (September 7-13) and World Suicide Prevention Day (September 10) to spread the message that suicide can be prevented; and

**WHEREAS**, in 2024, 69 people died by suicide in San Mateo County and 13,239 calls were received by the San Mateo County Crisis Line (650-579-0350), including 5,613 routed from 988 (42%) and 1,028 texts and 499 chats from 988;

**WHEREAS**, San Mateo County residents are urged to play a role in supporting each other and preventing suicide by knowing the signs of suicide, finding the words of support and reaching out to local resources, including San Mateo County Crisis Line (650-579-0350), Alternatives to Suicide Peer Support Group (by Heart and Soul, Inc), Suicide Loss Support Group (by Mission Hospice & Homecare) and Be Sensitive Be Brave and Mental Health First Aid Trainings (by Kingdom Love); and

**WHEREAS**, the San Mateo County Behavioral Health and Recovery Services Office of Diversity and Equity, Suicide Prevention Committee and partners are collectively organizing activities that our community can participate throughout September Suicide Prevention Month, including free in-person and virtual events, advocacy days and communication campaign. The 2025 theme is “Support, Your Way”. Ongoing updates posted at [SMCHealth.org/SPM](https://SMCHealth.org/SPM); and

**WHEREAS**, beyond September, you can join the San Mateo County Suicide Prevention Committee which provides oversight and direction to suicide prevention efforts in the County and advances this mission by focusing on strategies and activities in the Suicide Prevention Roadmap 2021-2026. The Roadmap recommends activities that span across the continuum of care, including stable housing, education and trainings and risk-appropriate treatment.

**NOW, THEREFORE, BE IT PROCLAIMED** that the Board of Supervisors of the County of San Mateo, State of California, hereby designates September 2025 as Suicide Prevention Month and calls upon everyone in San Mateo County community to find their role in suicide prevention.

SUPERVISORS:

DAVID J. CANEPA, PRESIDENT

JACKIE SPEIER

NOELIA CORZO

RAY MUELLER

LISA GAUTHIER

ATTEST: DEPUTY CLERK OF THE BOARD OF SUPERVISORS