## PROCLAMATION

THE BOARD OF SUPERVISORS COUNTY OF SAN MATEO, STATE OF CALIFORNIA PROCLAMATION DESIGNATING THE MONTH OF

## September 2024 Suicide Prevention Month

**WHEREAS**, San Mateo County will join the country and state in honoring Suicide Prevention Month (September), National Suicide Prevention Week (September 8-14) and World Suicide Prevention Day (September 10) to spread the message that suicide can be prevented; and

**WHEREAS,** in 2023, 65 people died by suicide in San Mateo County and 16,568 calls were received by the San Mateo County Crisis Line (run by Star Vista Crisis Center), including 1,033 (6%) calls routed through 988; and

WHEREAS, San Mateo County residents are urged to play a role in supporting each other and preventing suicide by knowing the signs of suicide, finding the words of support and reaching out to local resources, including San Mateo County Crisis Line (by Star Vista Crisis Center) (call 650-579-0350, call/text 988 or visit sanmateocrisis.org), Alternatives to Suicide Peer Support Group (by Heart and Soul, Inc), Suicide Loss Support Group (by Mission Hospice & Homecare) and Be Sensitive Be Brave and Mental Health First Aid Trainings (by Kingdom Love); and

**WHEREAS**, the San Mateo County Behavioral Health and Recovery Services Office of Diversity and Equity, Suicide Prevention Committee and partners are organizing activities that our community can participate throughout September Suicide Prevention Month, including free inperson and virtual events, advocacy days and communication campaign. The 2024 theme is "Love Over Loneliness" and ongoing updates will be posted at www.SMCSuicidePrevention.com; and

**WHEREAS**, beyond September, the community can join the San Mateo County Suicide Prevention Committee which provides oversight and direction to suicide prevention efforts in the County and advances this mission by focusing on strategies and activities in the Suicide Prevention Roadmap 2021-2026 and the Roadmap recommends activities that span across the continuum of care, including stable housing, education, trainings and risk-appropriate treatment.

**NOW, THEREFORE, BE IT RESOLVED** that the Board of Supervisors of the County of San Mateo, State of California, hereby designates September 2024 as Suicide Prevention Month and calls upon everyone in San Mateo County community to find their role in suicide prevention.

Dated: September 10, 2024

	SUPERVISORS:	
		WARREN SLOCUM, President
		DAVE PINE
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Deputy Clerk of the Board of Supervisors