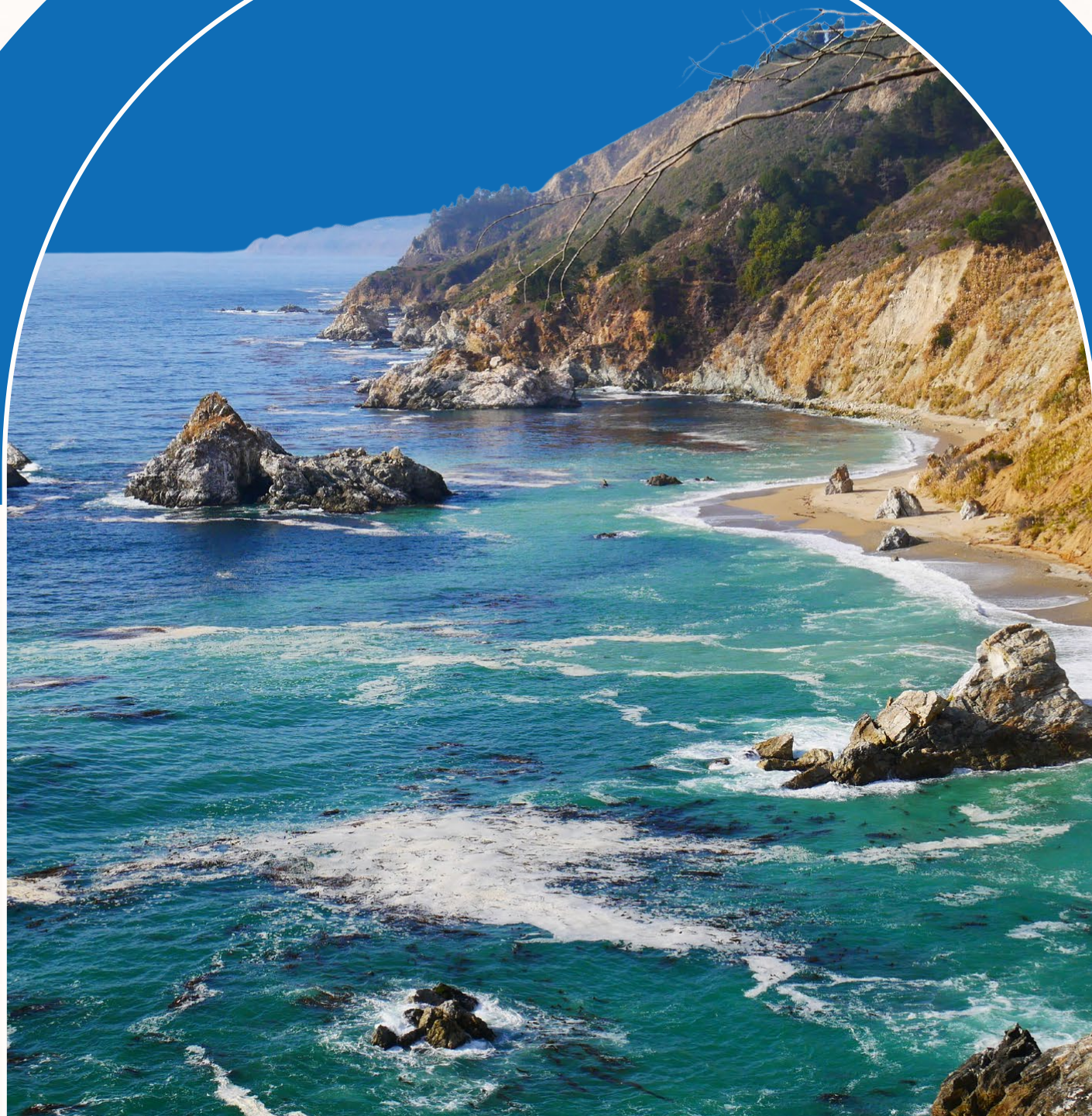


AGING & DISABILITY SERVICES



Area Agency on Aging Plan Update



SAN MATEO COUNTY HEALTH
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SERVICES**

San Mateo County
Planning and Service Area 8
Area Agency on Aging

Area Plan

July 1, 2024 – June 30, 2028

Submission date: May 1, 2024



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Area Agency on Aging Goals

Goal 1: Information and education

Goal 2: Promote community services

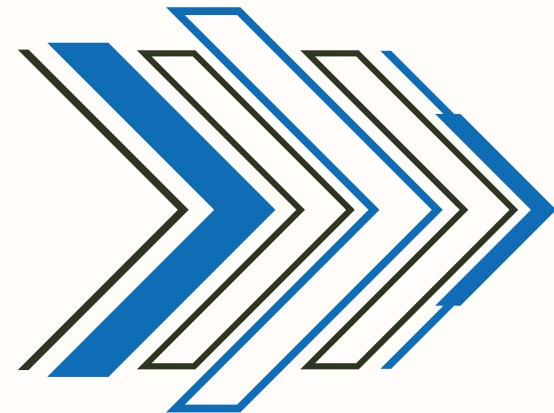
Goal 3: Strengthen the capacity of caregivers

Goal 4: Address social isolation



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Social Isolation/Loneliness Community Enrichment



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**TO MAINTAIN, ENHANCE AND IMPROVE
THE QUALITY OF LIFE FOR OLDER
ADULTS IN SAN MATEO COUNTY**

- ESTABLISHED IN 1969
- 17 COMMISSIONERS
- 10 ANNUAL MEETINGS
- 3 WORKING COMMITTEES
- 2 MAIN ROLES



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Advise and Advocate

Older Americans Act:

CoA must “advise continuously . . . on all matters relating to the development of the area plan, the administration of the plan and operations conducted under the plan.”

42 USC § 3026(a)(6)(D)

Older Californians Act:

CoA is the “principal advocate body on behalf of older individuals within a planning and service area”

Cal. Welf. and Inst. Code § 9402



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Information is Key

Commissioners need to know

- Resources
- Needs of older adults

Commissioners learn through

- Continuing relationships
- Contacts with older adults
- Ongoing education

Committees do the work by

- Gathering pertinent information
- Identifying relevant projects
- Implementing plans



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2024-25 Strategic Goal:

Successful Aging in Place

**Information,
Resources &
Community
Engagement
Committee**

**Social Isolation &
Transportation
Committee**

**Aging Readiness &
Family Caregiver
Support Committee**



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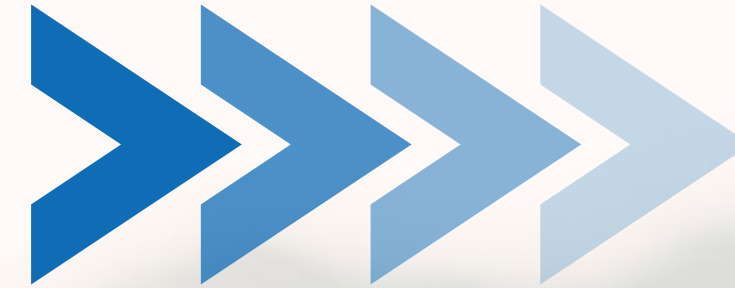
2024-25 ACCOMPLISHMENTS

- CoA Presence at public events (Senior Showcases)
- Information/educational presentations (social isolation, affordable housing)
- Relationship with SamTrans
- Advocacy for improved transportation options (Veterans Village Colma)
- Relationships with local organizations supporting older adults (Buddies)
- Work with Youth Commission on Intergenerational Connections
- Advocacy for Senior Legislature Priorities



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GOING FORWARD



- Update and distribution of Help at Home Guide
- Searchable version of the Guide
- Joint events with Sam Trans
- Participate in Community Enrichment advisory committee
- Age-friendly overview
- Identify advocacy goals (local, state, federal)
- Continue to liaise with Supervisor Canepa's office



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THANK YOU!



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