

PROCLAMATION

THE BOARD OF SUPERVISORS
COUNTY OF SAN MATEO, STATE OF CALIFORNIA
PROCLAMATION DESIGNATING MAY, 2019 AS

STROKE AWARENESS MONTH

WHEREAS, a stroke is caused by either a blood clot or a ruptured blood vessel that disrupts the flow of blood and oxygen to the brain; and

WHEREAS, blood clots and ruptured blood vessels injure or kill brain cells. The dead and damaged brain cells may cause physical paralysis, speech problems, memory loss, and other disabilities; and

WHEREAS, while stroke remains the leading cause of adult disability in the United States, 80% of strokes can be prevented; and

WHEREAS, stroke affects each person differently depending on what area of the brain was injured, the severity and type of injury, and how recently the stroke occurred; and

WHEREAS, stroke survivors with LEFT hemisphere brain injury, may experience a multitude of different things such as Aphasia: difficulty or an inability to speak and write, anxiety and depressions; and

WHEREAS, stroke survivors with RIGHT hemisphere brain injury may experience a Distorted spatial and perceptual awareness including left-sided neglect and problems judging distance, size, position, and rate of movement; and

WHEREAS, stroke survivors with BRAINSTEM and CEREBELLAR injury may experience Difficulty swallowing (Dysphagia) and or difficulty speaking (Dysarthria), Double vision; and

NOW, THEREFORE, BE IT PROCLAIMED that the Board of Supervisors of the County of San Mateo, State of California, hereby designates May, 2019 as Stroke Awareness Month and encourages all citizens to recognize, support, and participate in this campaign to increase awareness.

Dated: May 14, 2019

SUPERVISORS:

CAROLE GROOM, PRESIDENT

DAVE PINE

DON HORSLEY

WARREN SLOCUM

DAVID J. CANEPA

Attest: _____
Deputy Clerk of the Board of Supervisors