

RESOLUTION

THE BOARD OF SUPERVISORS
COUNTY OF SAN MATEO, STATE OF CALIFORNIA
RESOLUTION HONORING AND COMMENDING

SELF-HELP FOR THE ELDERLY

In celebration of the 51st Anniversary of the Longevity Gala

WHEREAS, SELF-HELP FOR THE ELDERLY proudly celebrates its fifty-first anniversary of the Longevity Gala, which benefits the programs for seniors offered at the **SELF-HELP FOR THE ELDERLY** locations; and

WHEREAS, SELF-HELP FOR THE ELDERLY strives to promote the independence, dignity and self-worth of seniors by empowering seniors to help themselves and by providing a comprehensive range of multicultural and multilingual services; and

WHEREAS, SELF-HELP FOR THE ELDERLY dutifully serves seniors who often feel alienated from the greater community because of culture, age, and language barriers and has earned its title “a home away from home” by instructing seniors in exercise and nutrition, and with educational classes on health issues, community concerns and culture, both American and Chinese; and

WHEREAS, SELF-HELP FOR THE ELDERLY’s San Mateo Center, located in the beautiful San Mateo Central Park, boasts a spacious lobby, activity rooms, and kitchens and is always teeming with energy and joy as it serves over 1,800 seniors annually with activities that include congregate meals, home-delivered meals, information and referral services, English as a second language, arts and crafts, calligraphy, and exercise such as Luk Tung Kuen and Tai Chi Juan; and

WHEREAS, while **SELF-HELP FOR THE ELDERLY** depends on private and public donations, it also celebrates, annually, with the highly successful fundraising dinner, silent auction and fashion show entitled the “Longevity Gala,”

NOW, THEREFORE, BE IT RESOLVED that the Board of Supervisors of the County of San Mateo, State of California, hereby commends **SELF-HELP FOR THE ELDERLY** in celebration of its 51st anniversary of the Longevity Gala, recognizes the commitment and quality of care administered at its facilities and through its programs, and extends best wishes for continued success in the years to come.

Dated: May 13, 2017

SUPERVISORS:

DON HORSLEY, PRESIDENT

DAVE PINE

CAROLE GROOM

WARREN SLOCUM

DAVID J. CANEPA

Attest: _____
Deputy Clerk of the Board of Supervisors