



THE BOARD OF SUPERVISORS
COUNTY OF SAN MATEO, STATE OF CALIFORNIA
PROCLAMATION DESIGNATING MAY 2026 AS

Myositis Awareness Month

WHEREAS, Myositis is a group of rare autoimmune diseases that cause chronic inflammation of the muscles, resulting in weakness, pain, fatigue, and significant impacts on daily life; and

WHEREAS, it is estimated that approximately 75,000 people in the United States are affected by various forms of myositis, and national statistics from the National Institute of Health indicate that approximately 1 in 10 people in California are living with a rare disease; and

WHEREAS, families and individuals in San Mateo County are directly affected by myositis, facing ongoing challenges related to limited treatment options, long diagnostic journeys, and the need for continued medical research and community support; and

WHEREAS, organizations such as The Myositis Association (TMA) provide critical support, advocacy, education, and resources for individuals living with myositis and their families, helping them navigate the physical, emotional, and financial challenges associated with rare diseases; and

WHEREAS, the residents of San Mateo County who live with myositis continue to demonstrate resilience and strength, sharing their personal stories and experiences to raise awareness and foster greater understanding of this debilitating disease within the community; and

WHEREAS, during **Myositis Awareness Month**, individuals, families, advocates, and organizations will participate in activities and outreach efforts including community events, media engagement, and educational initiatives to increase awareness and encourage support for those living with myositis; and

WHEREAS, the County of San Mateo has a longstanding commitment to supporting the health and well-being of its residents and raising awareness of important public health issues affecting the community.

NOW, THEREFORE, BE IT PROCLAIMED that the Board of Supervisors of the County of San Mateo, State of California, hereby declares May 2026 as **Myositis Awareness Month** in San Mateo County, and encourages residents, health professionals, and community organizations to join in raising awareness.

Dated: May 19, 2026

ATTEST:

DEPUTY CLERK OF THE BOARD OF SUPERVISORS