

Bay Area Community Health Advisory Council

Who We are, What We Do, & Our Impact

- For over **30 years** BACHAC has been the **go-to trusted resource for our community-based and culturally relevant approach** that effectively engages diverse communities across generations whether its for Cancer Prevention/Education, COVID outreach, Census/Voter registration, Mental Health awareness or the kickoff to a healthy journey.
- BACHAC has leveraged the insights gained from the **historical context of Juneteenth by ensuring timely access to information with essential navigation and support services** leading to toward healthy individuals, families, and communities. We provide **Knowledge for Life™** - that literally saves lives and empower communities.
- As a go to trusted resource, BACHAC was **chosen to lead the African American Community Assessment for San Mateo County** in partnership with San Mateo County Alcohol and Other Drug (AOD) Prevention as part of the Strategic Prevention Plan to learn about social and environmental factors that prevent and contribute to substance use amongst youth.
- The assessment was **designed, implemented, and analyzed with, for, and by the Black community leaders and youth** in San Mateo County.

For More information
www.bachac.org | info@bachac.org





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- **The Findings** - Of the Black Youth surveyed, **48% Black youth did not use substances**. For those who use substances, the **reason for substance use was to cope with stress, racism, loneliness, and grief**.
- Our research indicates that the **strategies employed to foster resistance, resilience, and promote recovery** from substance use are **equally effective in preventing substance use** amongst Black youth and the community.
- Black Youth and community have expressed a desire for **stronger connections** within the Black Community. They **seek support, resources, and opportunities to experience Black Joy, have a deeper cultural learning** to combat loneliness, address grief/depression, and build resilience against the effects of racism.
- **7 RECOMMENDATIONS** were created based on the findings for the County of San Mateo, community, and beyond.
- As one of the recommendations, **a county-wide Black Youth Advisory Board (BlackYAB)** was created in 2024 to design programs with youth to meet their needs and interest. BACHAC has hosted 2 cohorts that have led youth activities, shared feedback on youth programming, and participated in your Leadership Challenge.

Thank you for the opportunity to accept the Juneteenth Proclamation and be part of the Raising of the Juneteenth Flag for the County of San Mateo.

The Juneteenth Holiday is a recognition of the legacy of slavery, and the pursuit of freedom by people of the African Diaspora.

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