PROCLAMATION

THE BOARD OF SUPERVISORS COUNTY OF SAN MATEO, STATE OF CALIFORNIA PROCLAMATION DESIGNATING

September 2023 as **Suicide Prevention Month**

WHEREAS, the County of San Mateo joins the country and state in honoring Suicide Prevention Month in September, National Suicide Prevention Week from September 10-16, and World Suicide Prevention Day on September 10 to spread the message that suicide can be prevented; and

WHEREAS, because the act of sharing—whether hope, stories, time, resources, or experiences can serve as a powerful tool in suicide prevention, "Share Hope Together" is the 2023 theme for activities, including free in-person and virtual events, advocacy days, and a communication campaign, organized by San Mateo County Behavioral Health and Recovery Services Office of Diversity and Equity, Suicide Prevention Committee, Mayors Mental Health Initiative and partners; and

WHEREAS, San Mateo County residents are urged to know the signs of suicide, find words of support, and reach out to local resources, including the San Mateo County Crisis Line run by Star Vista Crisis Center at 988 or 650-579-0350 or sanmateocrisis.org, as well as Alternatives to Suicide Peer Support Group run by Heart and Soul, Inc and Suicide Loss Support Group run by Mission Hospice & Homecare; and

WHEREAS, beyond September, community members can join the San Mateo County Suicide Prevention Committee, which provides oversight and direction to suicide prevention efforts in the County and advances this mission by focusing on strategies and activities in the Suicide Prevention Roadmap 2021-2026;

NOW, THEREFORE, BE IT RESOLVED that the Board of Supervisors of the County of San Mateo, State of California, hereby designates September 2023 as Suicide Prevention Month and calls upon everyone in the community to foster a sense of belonging by sharing and connecting each other to resources in times of crisis and before.

Dated: September 23, 2023

SUPERVISORS:	
	DAVE PINE, President
	NOELIA CORZO
	RAY MUELLER
	WARREN SLOCUM
	DAVID CANEPA

Deputy Clerk of the Board of Supervisors