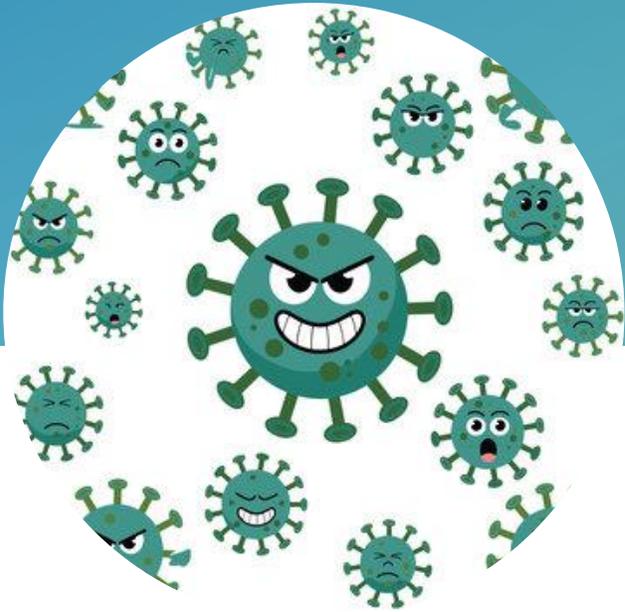


HEALTH OFFICER UPDATE

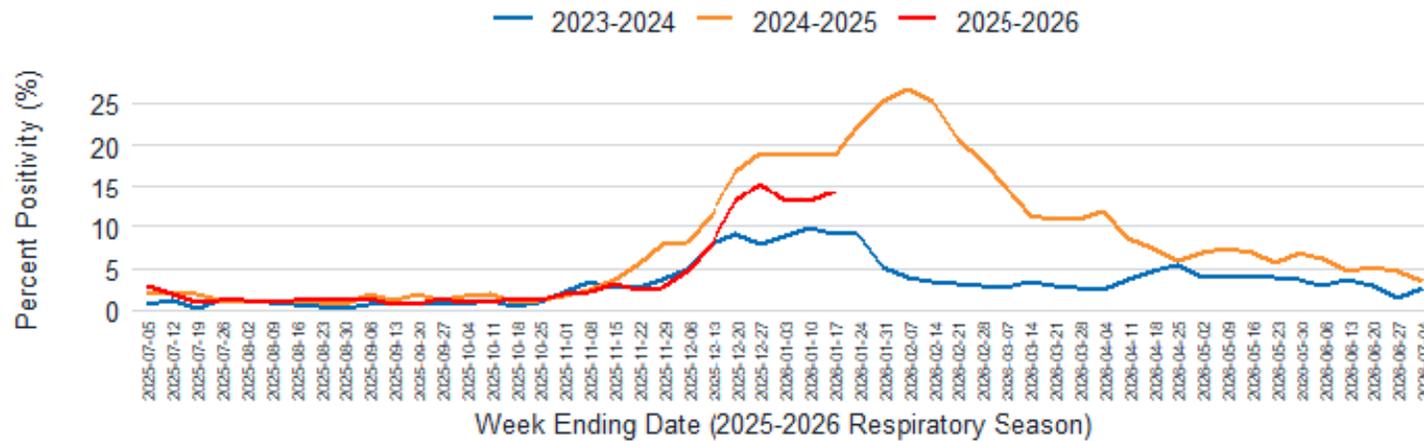
KISMET BALDWIN-SANTANA, MD, MPH

1/27/2026



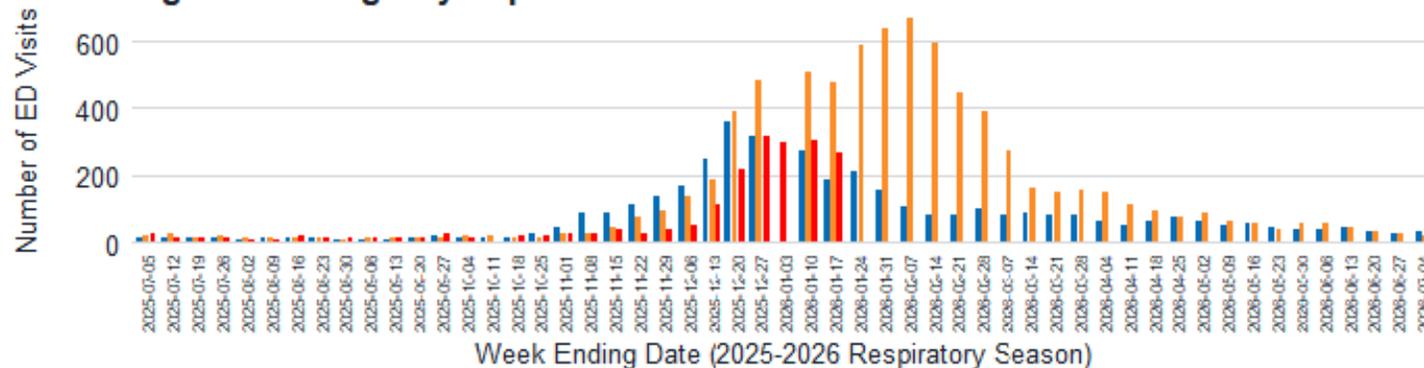
OVERVIEW OF THE 2025/2026 RESPIRATORY VIRUS SEASON - INFLUENZA

Figure 1. Percent of Tests Positive for Influenza



- Influenza test positivity levels and ED visits have increased but remain within expected range in the current respiratory season thus far.
- Elevated influenza activity primarily due to the seasonal flu strain H3N2, subclade K.
- It's estimated that 40.5% of San Mateo County residents have received the 2025-2026 Influenza vaccine as of 2026-01-22.*

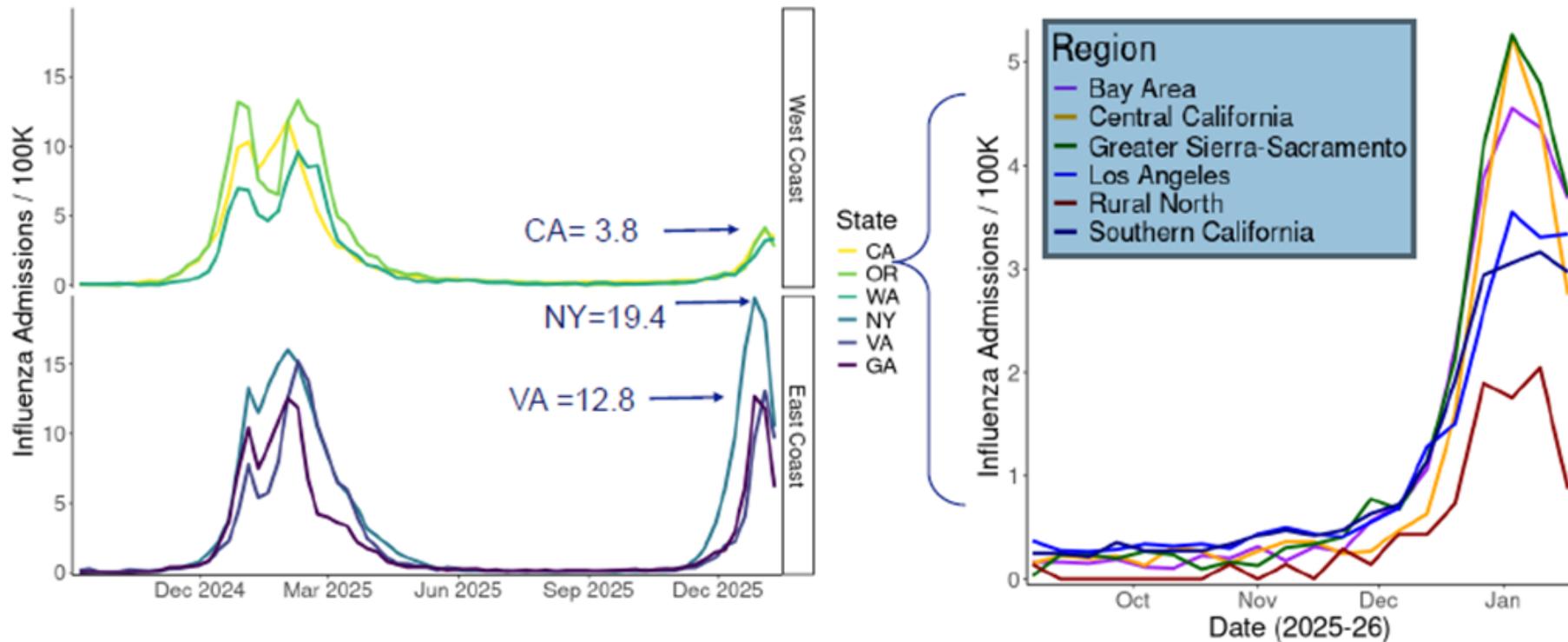
Figure 2. Emergency Department Visits for Influenza



*Please note that vaccination data in CAIR are considered to be an underestimate of actual vaccination rates. Patients may have incomplete vaccination records in CAIR if they moved or changed providers or if historical vaccinations were not imported into CAIR, and, thus, the data in CAIR are not a complete representation of all vaccine doses administered in San Mateo County.

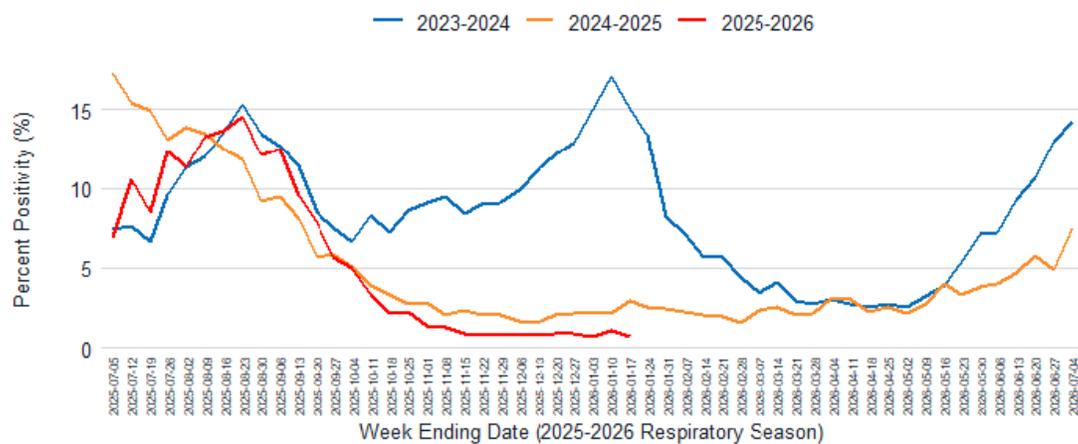
OVERVIEW OF 2025/2026 RESPIRATORY VIRUS SEASON - INFLUENZA

California Influenza Burden Is Decreasing, Peak Magnitude Below East Coast States



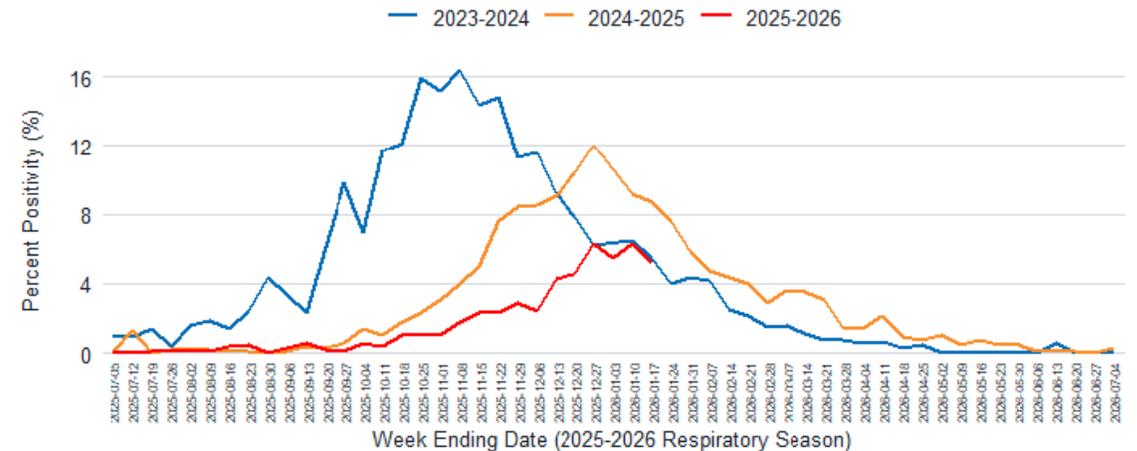
OVERVIEW OF THE 2025/2026 RESPIRATORY VIRUS SEASON – COVID & RSV

Figure 5. Percent of Tests Positive for SARS-CoV-2



- COVID remains low and stable; so far, no winter wave has materialized.
- Current COVID-19 levels are below the two prior respiratory seasons.
- Approx. 22.1% of San Mateo County residents have received the 2025-2026 COVID-19 vaccine as of 2026-01-22.*

Figure 8. Percent of Tests Positive for RSV



- RSV activity was quite late and comparatively low magnitude compared to prior respiratory seasons (2023-2024 and 2024-2025).
- Across California, more children and older adults are being hospitalized.
- Approx. 12,478 recipients of the 2025-2026 RSV vaccine in San Mateo County as of 2026-01-22.*

*Please note that vaccination data in CAIR are considered to be an underestimate of actual vaccination rates. Patients may have incomplete vaccination records in CAIR if they moved or changed providers or if historical vaccinations were not imported into CAIR, and, thus, the data in CAIR are not a complete representation of all vaccine doses administered in San Mateo County.

HEALTH UPDATES

- Death Cap Mushroom Outbreak, as of January 18, 2026
 - 4 deaths
 - 3 liver transplants
 - 39 hospitalizations
- Superbowl LX illness surveillance
 - Potential for increased illness transmission considering influx of visitors and the large gathering of people
- Measles cases
 - In SMC, most recent cases related to international travel

Year	San Mateo County	California
2023	0	4
2024	0	15
2025	1	25
2026 (so far)	2	3



Thank You