

**COUNTY** OF **SAN MATEO**

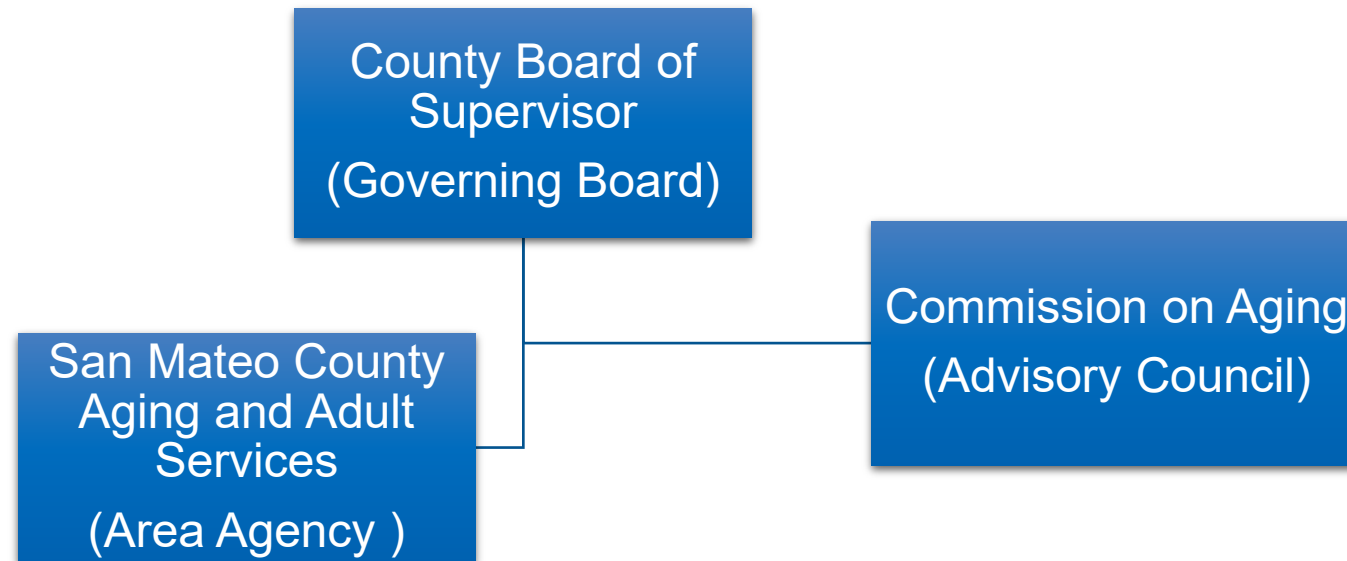


SAN MATEO COUNTY HEALTH  
**AGING & ADULT  
SERVICES**

**Commission on Aging  
Supporting Older Adults  
in our County**

# Commission on Aging

**Mission: maintain, enhance and improve the quality of life for older adults in San Mateo County**



# CoA: Review and approval of the Area Plan

2023-24 OAA funds: \$4,383,760  
\$2,922,354 = 67% for meals

- Over 60: **201,581** people  
= 26.4 % of the population
- Living in poverty\*: **15,035**  
people over 60
- **\$15** for each person over 60 for meals
- **\$7** per older adult for everything else\*

\*less than \$14,580/year in 2023 for a single person

\* adult day health care, transportation, information and assistance, legal assistance, Ombudsman program, disease prevention, and family care giver program.

# CoA: Advisor and Advocate

- **OAA:** CoA must carry out
- “advisory functions which further the area agency’s mission of developing and coordinating community-based systems of services for all older individuals and family and older relative caregivers specific to each planning and service area.”

45 CFR § 1321.63(a)

- **OCA:** CoA is the
- “principal advocate body on behalf of older individuals within a planning and service area”

Cal. Welf. and Inst. Code § 9402

# **Advisor:** development and coordination of community-based systems of services

**20 cities  
and many non-  
profits provide  
services for  
older adults in  
San Mateo  
County**

## ***CoA gathers and disseminates information***

- On-demand transportation for seniors
- Core Service Agencies

## ***Commissioners develop relationships***

- Senior Centers and Programs, Senior Advisory Boards

# **Advocate:** Provision of resources for older adults

## ***More funding for programs and services for older adults***

- Measure K funding for Families, Children and **Seniors**

## ***More transportation options***

- Transportation for Veterans' Home in Colma

## ***More information about services and programs***

- Help at Home guide update and distribution
- Meeting public at events for older adults



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# Successful Aging in Place

Addressing the Loneliness Crisis

**Information  
and  
Resources**

**Social  
Isolation  
and  
Transportation**

**Aging  
Readiness  
and  
Family  
Caregiver  
Support**



**THANK YOU FOR YOUR SUPPORT  
OF OLDER ADULTS IN OUR  
COMMUNITY**

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