



THE BOARD OF SUPERVISORS
COUNTY OF SAN MATEO, STATE OF CALIFORNIA
PROCLAMATION DESIGNATING MAY 2026 AS

Older Americans Month

WHEREAS, San Mateo County is home to **OLDER AMERICANS** who enrich our community through their wisdom, experience, and continued contributions to civic, cultural, and economic life; and

WHEREAS, our understanding of what it means “to age” has evolved for the better, with more older adults leading active, engaged, and purposeful lives; and

WHEREAS, San Mateo County remains committed to supporting older adults in maintaining their independence, taking charge of their health, and exploring new opportunities for connection, service, and lifelong learning; and

WHEREAS, the County works to enrich the lives of all residents by promoting home- and community-based services, elevating the voices of older adults, and fostering communities where aging is embraced and supported; and

WHEREAS, the San Mateo County Commission on Aging plays a vital advisory role to the Board of Supervisors by advancing policies that support health and nutrition, affordable housing, transportation, employment, age-friendly communities, and the prevention of elder abuse; and

WHEREAS, San Mateo County has demonstrated leadership through meaningful investments in older adult services, including the Age-Friendly Cities initiative, which helps create inclusive and accessible communities, and innovative programs such as Got Wheels and peer counseling services provided by Peninsula Family Services, which support mobility, mental health, and independence among older adults; and

WHEREAS, San Mateo County was the first county in the nation to declare loneliness an epidemic, recognizing the serious public health impacts of social isolation and reaffirming its commitment to fostering connection and belonging for residents of all ages; and

WHEREAS, older adults represent one of the fastest-growing populations in San Mateo County, underscoring the importance of continued investment, innovation, and collaboration to meet their evolving needs; and

WHEREAS, every May, the Administration for Community Living leads the nation’s observance of **OLDER AMERICANS MONTH** to recognize the contributions of older adults, highlight aging trends, and reaffirm our commitment to serving this vital population; and

WHEREAS, the 2026 theme, “Champion Your Health,” emphasizes prevention, wellness, and personal responsibility, encouraging individuals to take an active role in managing their health, accessing preventive care, and making informed decisions that support independence and quality of life.

NOW, THEREFORE, BE IT RESOLVED that the Board of Supervisors of the County of San Mateo, State of California, hereby proclaims May 2026 as **OLDER AMERICANS MONTH** and encourages all residents to recognize and celebrate the contributions of older adults and to support efforts that promote healthy, engaged, and connected aging.

Dated: May 19, 2026

SUPERVISORS:

NOELLA CORZO, PRESIDENT

DAVID J. CANEPA

JACKIE SPIER

RAY MUELLER

LISA GAUTHIER

ATTEST:

DEPUTY CLERK OF THE BOARD OF SUPERVISORS