Logic Model for StarVista's Together for Families Program

Goal: To keep children safely in their homes and prevent children from entering child welfare, juvenile justice, and psychiatric emergency services systems.

INPUTSOur Resources

ACTIVITIESWhat We Provide

PARTICIPANTSWho We Serve

OUTPUTS

Products of Activities

LONG-TERM IMPACTS

Overarching Changes

Programs:

• StarVista's Families First program (a combined reimagining of StarVista's longstanding CAPS and CFRC programs)

Staff:

- Chief Clinical Officer
- Department Director
- Program Manager
- Supervision
- Mental Health Clinicians
- Family Partners
- Administrative staff

Program Experience:

- Experienced family partners
- · Licensed or registered clinicians
- 5+ years of providing child abuse prevention and CFRC services
- Decades of experience serving San Mateo County and the specific populations targeted in this RFP

Staff Time: 14.76 FTE

Other Funding:

• StarVista General Operating funds

<u>Partners</u>

- Schools (including preschools)
- School districts
- Early childhood education sites
- Local service providers and community partners
- Other StarVista programs
- Other service providers and community partners

See Attachments for detailed partner list.

Sites:

- School Sites: Bayshore, Daly City, Pacifica, Ravenswood, Redwood City, San Bruno, San Mateo, and South San Francisco**
- StarVista offices: 700 S. Claremont Street, Suite 108, San Mateo; and 420 Brewster Avenue, Redwood City
- Easily accessible community-based settings as needed (when services cannot be provided in homes or CFRCs in schools)
- **Note: School sites served are subject to change based on the school-based sites prioritized by the County through this RFP

Methods

- CANS assessment for Assessment services
- Parents As Teachers model for Parent Education services
- Trauma-focused CBT (TF-CBT)
 Additional supplemental meth
- Additional supplemental methods as relevant
- Other assessments as needed (e.g., PSI, SRA, ANSA, DORA, CBCL, PFS, ASQ, ACEs, TESI-C
- Systematic Training for Effective Parenting (STEP) programs

Assessment

- Family-strength and needs assessments to determine needs and develop case management plan (CANS assessment)
- Evidence-based pre/post-tests and program evaluations
- Systematic Training for Effective Parenting (STEP) programs
- Additional assessments to be utilized as needed may include PSI, SRA, DORA, CBCL, PFS, ASQ, ACEs, and/or TESI-C (see proposal for details)

Parent Education Services

- Parent education services based on assessment results and as part of a case plan in the
- community and/or through a home-visiting model
 Parent education services provided will utilize
 Parents As Teachers (PAT) model and be
 supported through a TF-CBT lens as applicable
- Systematic Training for Effective Parenting (STEP) programs to improve parent/child communication, which helps children learn about the consequences of their choices

Behavioral Health Services

- Short-term clinical and crisis services as prevention and early intervention efforts for children at risk of entering Child Welfare, Juvenile Justice, and/or Psychiatric Emergency Services
- Child screenings for risk factors and other issues that impact social and emotional functioning in home and school settings
- Psychosocial assessments to identify child and family needs
- Treatment plan development based on assessment-identified needs
- Referrals to higher levels of care or specialties needed to meet treatment plan goals (when applicable)

Case Management, Linkages to Economic Self Sufficiency (ESS) and Safety Net Services (based on assessed familial needs)

- Evidence-based case management for all individuals served by StarVista's Families First
- Family assistance for applications to public assistance programs (CalFresh, CalWORKS, MediCal, etc.) based on identified needs, including accompaniment to physical office buildings or helping individuals complite online service applications when needed
- Information and referrals to other communitybased services as needed
- Family support to connect families with community-based services, including accompaniment, modeling, transportation or vouchers, etc.

Child Abuse Prevention Outreach and Awareness

- Additional services needed by families through facilitation, maintenance and leveraging of network with other partners
- Community awareness efforts of prevention services available for children and families and how to access those services
- Bilingual (English/Spanish) outreach at early childhood education centers and other settings frequented by families in our specified geographic areas to increase awareness of available services

Populations:

- Children aged 0 to up to 18 years old at risk for entering the child welfare, juvenile justice and psychiatric
- emergency services systemsFamilies of the children at risk (above)

<u>Community-based services</u> <u>will target:</u>

- Daly City
- East Menlo Park/East Palo
- Half Moon Bay (coastal region)
- Pacifica
- Redwood City
- San Bruno
- San Mateo
- South San Francisco

We will serve families through CFRCs in the following locations:

- Bayshore Elementary School (Daly City)
- Belle Air Elementary School (San Bruno)
- Belle Haven Elementary
 School (Fast Monle Bark)
- School (East Menlo Park)
 Costaño Elementary School
- (East Palo Alto)
 Hoover Elementary School
 (North Fair Oaks, Redwood
- Kennedy Middle School (Redwood City)
- Martin Elementary School (South San Francisco)
- Sunnybrae Elementary School (San Mateo)
- Taft Elementary (North Fair Oaks, Redwood City)
- Woodrow Wilson Elementary School (Daly City)

Languages:

- English Spanish
- Additional languages accommodated through staff experience and StarVista's extensive interpretation services

Barriers/risk factors:

- Risk of entry into the child welfare, juvenile justice and psychiatric emergency services systems
- Housing and/or income insecurity
- Lack of access to technology, insurance, transportation, health care
- Family histories of trauma, substance use, and/or family violence

- A minimum of **216** children will receive short-term clinical
- A minimum of **212** families will receive case management services

services

- 250 children will be directly
- served through assessments
 180 children will
- be **indirectly** served through Family First services provided to parents and caregivers
- 140 parents will be served through parent education
- 210 parents and children will be served through behavioral health services
- 80 families will be served through case management
- 1 monthly outreach activity will take place in *each* of the 8 targeted RFP regions.

(Note: #s above reflect output goals for Year 1 (9 months). See Scope of Work for FY24-25 goals.)

On-site school services will be available Monday through Friday between 8am-5pm PST (except for school holidays and recess).

Home-visiting services will be provided in accordance with days and times that are most convenient for the children and families served, including weekends and evenings.

Services that cannot be provided in homes or on-site at schools will be delivered in accessible community-based settings.

Assessment Services:

Exhibit A1

• 100% of children and families will have their needs identified as a first step to connecting them to needed services and support

Parent Education Services:

- 80% of parents will experience increased knowledge related to parenting skills and techniques, thereby keeping children in their homes safely
- 80% of parents will experience increased knowledge of how to locate and access community services and support, thereby keeping children in their homes safely

Behavioral Health:

- 80% of parents and children will have their mental health needs met
- 80% of families will have increased knowledge of services available to them in their communities and will successfully access those services

Case Management and Linkages to ESS and Safety Net Services:

- 100% of families will be referred to needed public assistance programs
- 70% of families will make successful connections to community-based services

Child Abuse Prevention Outreach and Awareness:

• 1 community outreach activity per region will be conducted monthly in 100% of the <u>8 target regions</u> identified in the RFP to increase awareness of Families First services in settings frequented by families

Overall:

• 90% of families will receive quality parent education and short-term clinical services that are timely and accessible.

Quantitative outcomes to measure client and program success will be determined through negotiation with HSA if we are chosen for award.